AKSHAROMA

Akshara International School Magazine MARCH 2022-23

A Treasure Trove of Creative Musings!





STUDENT'S EDITORIAL

A thought is like that wind that blows across your face when you are in a moving vehicle. You can afford to close your eyes if you have the luxury of being driven, but irrespective of the seat you occupy in the vehicle, your lips can always take the liberty to curve into a smile.

More than anything else, a thought is a feeling, an emotion, or an expression. It's only a matter of time before you start driving and let those wind-like thoughts satiate you, your soul and your milieu. Or if you live in the grasslands, even better, the wind starts blowing and touches you itself.

So, with this edition, we don't just bring to you thoughts, but we bring to you gratifying winds, let them waft through your minds and carry their fragrance...

The Editorial Board conveys its heartfelt gratitude to the School Management and the Principal for giving the students of our school a powerful platform to share their ideas, views and creativity. Every article and every sketch is living proof of the freedom the students enjoy to develop a certain quality in themselves. We are thankful to all the students who have sent in their contributions for the first edition of the newsletter this year. We thank the Design Team for meticulously crafting everything that went into the newsletter. We also thank all the students of the school for patiently waiting for this edition.

~Gurbani Sabbajot Saroa XI A

INSPIRATION BEHIND THE COVER PAGE

The road less taken has always been covered with grasses shadowing the wealth to the outer world. The link between mental and physical health is another 'road not taken'. There is a strong link between mental health and physical health, but little is known about the pathways from one to the other. When one aspect of your health is neglected, it can negatively impact the other. The cover page of 'Aksharoma 2022-23' has been thoughtfully designed keeping in view the aspects of this balance.

Akshata Bhole Creative Director

Dexterous Designers of Akshara



Archita Gupta Graphic Designer



Divya Vejandala Graphic Designer



Ms. Akhata Bhole Creative Director



Shreyas Bansal Graphic Designer



Sanika Karwa Graphic Designer

FROM THE EDITOR'S PEN

"Sound mind resides in a sound body"

As I penned down the editorial, a multitude of emotions of nostalgia, pride, and joy came visiting by pausing to whisper in the ear, "Bravo! It is Edition XI of Aksharoma this year."

I blinked my eye and didn't even realise a decade had passed. A decade of achievements, new beginnings, teary-eyed goodbyes, triumphs and defeats, learnings and unlearning, learning from a debacle, and becoming resilient to face the next obstacle with a poised stride.

In our first issue, we had dreamt of growth for our sanctuary of learningour Akshara. "GROWTH" emblematizes the soul of the institution that lives and grows in the hearts of its workforce and the imagination of its children. In these few years, together as the Akshara family –

We shared a common dream,
We became skilled to achieve.
We impart knowledge and competency,
We empathize and constructively critique.
We protect, love, respect and inspire,
Merge the future of learning with the potential of the present is
what we Aspire!

The Success and Strength of Akshara lie in the sound mental and physical health of its students and staff. After the tumultuous years of Covid, this year, we dedicated ourselves to "Sound minds in sound bodies." Our magazine showcases the influence of the written word that must not be fancied lightly, even when it comes from the young, dreamy, creative minds as they would soon take over the world as leaders. A plethora of poetry and prose writings, paintings, and photographs adorn the magazine for your viewing. Enjoy the work of our Aksharites!

This kaleidoscope of the year gone by is the outcome of the tenacity and creativity of the student and teacher team, who sacrificed their classes, play, and evenings to turn a concept into substance. Kudos to the entire editing and design team.

A big shout-out to Ms. Umeet and Ms. Akshata. You both simply rock!

A heartfelt gratitude to School Management and Principal for their support and encouragement. Thank you, Coordinators, Teachers, and Students, for sending in your contributions.

Get a glimpse into the year 2022 – 23 through this token of artful creation, which is student-led and displays Creativity and Collaboration.

Happy Reading!

Sonika Singh, Editorial Team



Ms. Sonali B. EDITORIAL DIRECTOR



Ms. Sonika Singh EDITOR- IN- CHIEF



Ms. Umeet Kaur EDITOR



Gurbani Saroa Associate Editor



Krishita Pillai Associate Editor



Dhruvi Pujara Associate Editor

From the Director's Desk



Dear Readers,

Quality in Education, Creating Lifelong Learners...

Education is an essential tool for betterment of humanity and modernisation of civilisation. The destiny of any nation is shaped in the classrooms. Thus as leaders, creating a system which ensures quality education for our students is the legacy we would want to leave behind.

John Ruskin, the English philosopher as early as the 19th century, remarked – 'Quality is never an accident.

It is always the result of high intention.

Sincere effort, intelligent direction, and skillful execution.'

How do we assess quality of Education?

- School Education is the most important essential element of the education system as it lays a strong foundation for further learning. A mechanism to assess the effectiveness of a school's education processes would help it determine the quality of education it is providing to its students. Thus, a standardised benchmark for school education in consultation with academicians, administrators, parents, and quality professionals was created by Quality Council of India (QCI) to assess quality of education in schools. QCI constituted National Accreditation Board for Education and Training (NABET) to offer an accreditation program for Quality School Governance in the country.
- As per the National Education Policy of 2020, every school should aim for accreditation to ensure three essential elements for quality education management quality, teacher quality and student quality.

The Accreditation Journey of Akshara

- Akshara Management is committed to giving quality education; thus, we wanted our processes to be assessed by a third party. We chose to get accredited by NABET and submitted our processes for assessment just before the pandemic.
- The road ahead was tough, but we were determined to leave no stone unturned to accomplish and pandemic gave us an opportunity to assess the effectiveness of our processes in a new (online) teaching scenario.
- The Accreditation Standard for Quality School Governance of QCI covers all aspects of school functioning and has the following three board domains:
 - School Governance
 - Education and Support Processes
 - Performance Measurement and Improvement

The accreditation journey started by:

- Making all the staff members go through a Quality Awareness Workshop which included awareness of the NABET Accreditation Standard for Quality School Governance
- The Vision and Mission of the school were also reviewed by the entire staff and re-framed, keeping in mind the local context and the expectations of the interested parties.
- It was indeed a matter of pride and joy when after a stringent assessment NABET Accreditation was granted in October 2022 based on the compliance report of a 3-member physical assessment committee.

THE ROAD AHEAD

The accreditation is only the beginning of our journey towards quality assurance. As an institute we remain committed to follow -

- Child-centred pedagogy
- Experiential learning
- Inclusivity in education
- Holistic development of the child
- **▶** Balance of academic and co-curricular
- Respecting individual differences of each learner and helping him/ her reach their potential

The accreditation that we achieved is due to the endeavours of each member of Akshara family. On this triumphant note, I take this opportunity to acknowledge the parents, teachers and students who worked as a strong team and crossed all the hurdles year after year to ensure a happy and effective teaching-learning environment in the school.

Congratulations to the Editorial team for giving to all of us another delightful edition of the school magazine Aksharoma 2023 -24!

We are hopeful that we will continue to ascend to the heights with the constant support from our parents, the dedication of our teachers and most importantly determination and enthusiasm of our students.

The new edition rests in your hand for all the readers to enjoy the accomplishments of our Akshara family!

Regards Mr. Jayesh Rathore Director





From the **Principal's Desk**



From generation to generation, from time to time,
Education among humans has been exalted.
We have been telling our children that two things must rhyme,
A healthy mind and a healthy body must together reside.

Dear Readers,

An eventful, purposeful, and empowering academic year, 2022- 23, culminated, and on the pages of our creative treasure trove, we celebrate the success of the year gone by with confidence and conviction in the eyes of our students, the contentment and sense of achievement in the smiles of our faculty, and in the laurels and awards that we got home- a sweet reminder of our sincere endeavors bearing fruit.

The year 2022-23 was a phase of transition where the students attended school on the premises after the confinement of two years. Our scholars were in 'lockdown' physically, creatively, and emotionally. It was essential for students to come out of their 'hibernation'. They were bottled up, their emotions spilling out; they needed a source to release them and return to their 'normal' selves. At this juncture, we dedicated the year creating a balance of Physical and Mental health for every Aksharite. No stone was left unturned in probing our children towards excellence in various interschool events. Many students excelled in individual achievements outside the school, while others were exposed to programs conducted by external educational groups.

We provided our students exceptional academic support, creative outlets for co-curricular activities, festivities and clubs to express and compassionate counselling faculty to help them embrace the Beauty of Life after tumultuous years of unease and uncertainty.





Akshara completed its unique voyage and proved once again that Empowering and Inclusive Education is the hallmark of our school. Under the guidance of our Visionary management, our adept teachers made the learning process an enriching experience keeping in sync with technological advances. All the academic performances, unbelievable victories in sports, and miraculous feats of several other cultural achievements, our students' placements in Indian and foreign universities, which we regard as wonders, are nothing but perseverance in disguise.

In keeping with our spirit of Inclusive education, we extended facilitation to unconventional students through the National Institute of Open Schooling. We enrolled 250 students for NIOS this year.

As an educationist of three decades, I aspire to make distinguished scholars, compassionate human beings, and patriotic citizens with the help of teachers and cooperation of the parents.

Our initiatives in Akshara are geared towards achieving this goal. Our experienced and dexterous faculty members strive very hard so that Aksharites have the edge over others in academics and co-curricular. Despite the changes in the pattern and mode of teaching, the stellar performance in class X and XII board examinations gave us plenty of reasons to celebrate.

Through our Aksharaise program, which is a student-led program, we endeavoured to help others in need. It could mean raising funds for flood victims, providing medical care for the poor, or donating books to students.

I feel very contented with the achievements of the year gone by and optimistic when the new academic year 2023-24 rings in with various pedagogical ventures adhered to NEP 2020. initiatives to contribute substantially towards society, to be ethical and culturally rooted along with empowerment and progression of school, society, and nation that benefits the future generations.

Heartiest gratitude and kudos to Team Aksharoma for this delightful read! Enjoy! Best wishes,

Sonali Balwatkar Principal







EMPOWERMENT IS THE <

Re-opening the Future: From a Teaching Culture to a Learning Culture.

As the invisible wave unleashed its potential, it created massive changes in the educational sector all over the world. The pandemic has been a learning experience for educators and students. The efficient steps and strategies taken today will lay the foundation for the school education system to face future crises without prolonged

disruption. The pandemic has made us realize that school need not be a rigid, one-way process. It is a welcoming transformation.

The classrooms at Akshara Nurtury are centered around joyful and creative learning, joining the dots between children's lives and education. Children are showing a keen interest in participating in different sports and creative activities. They are provided with social, emotional, and academic support through rich and flexible learning experiences. Their thinking skills are being developed through different activities.

The three mantras of education – Reading, Writing, and Arithmetic have been joined by the fourth one i.e. Rethink.

We are trying to empower children to learn by themselves in flexible and collaborative ways, both inside and outside classrooms.

Neelima Gandhi Pre-Primary Coordinator













Masti Ki Pathshala







































Our profound divine laws state, "What you sow is What you reap". If you sow a mango seed with the intention of being as sweet as a marshmallow, you will reap a tree, giving you mangoes sweeter than marshmallows.

Being in Akshara is a result of blissful actions either in this incarnation or in my previous incarnations! Akshara is not a school. It's a place where God nurtures you with love, humility, sincerity, and dedication. The dedicated and extraordinary teachers display their unbeatable skills in unimaginable ways! They ensure that a concept seeps deep into the roots of the mind. Their experiences and realisations highly motivate the students to strive towards excellence in all domains of life. They carefully nurture their children by navigating their path with the right skill sets and ethics.

What I am today is just because of Akshara! Being a commerce student, Akshara has taught me how to evolve in the field of business in every move of mine. The school instils in us the values to be a good human being.

Opportunities create wonders, and coming to Akshara opens up a world of possibilities. From meeting celebrities like Sudhamurty and Ehsaan Noorani to conducting career counselling session or stress management workshops. The school teaches us how the tremendous energy within us can be channelised through proper means of expression.

Emotions are endless when it comes to expressing the feeling of gratitude engraved in my heart!

God bless the entire fraternity of Akshara for their efforts in shaping my future!

-Shreyas Bansal XID



Lamp of Knowledge



G.K. Quiz Competition



Career Counselling



A visit to PLIF!



Fun Time!

IMPORTANCE OF CO-CURRICULAR ACTIVITIES

Teach me, and I will forget.

Show me, and I might remember.

Involve me, and I will never forget.

- Chinese Proverb



The Chinese proverb clearly states the scope and reach of co-curricular activities as they play a very significant role in the development of students and help in improving students learning at school.

The year 2022 was dedicated to mental and physical health to ensure a comfortable and stress-free environment at school for every child. At Akshara International School, we provide co-curricular activities that are structured, balanced, well thought and creative in a way that makes school learning a more joyful experience for every child. Every activity is geared towards making more effective learners whose mental and physical health is always taken into consideration.

We expose our Aksharites to a variety of activities like poster making, fireless cooking, and card making to give them a medium to express the artist in them; the storytelling, poetry recitation and show and tell activities are excellent ways to learn critical thinking and communication skills. The Ganpati idol-making celebrations of all Indian festivals like Diwali, Christmas, Palki etc. are the mediums through which we instil in our students a love for Indian culture, a sense of patriotism, and the ability to appreciate aesthetics. Different kinds of sports on the play field help the students develop the 21st-century skills of Collaboration, Critical thinking and, most importantly, rejuvenate the body and the mind.

We at Akshara create happy learners who excel in academics, find joy in cocurricular and shine in the sports arena.

> Best wishes, Deepali V Deshmukh Headmistress



























DURING AN EXAM

During an exam,
what we do is our best,
and while we're at it,
we forget about the rest!!

But sometimes it's too hard, and we cannot explain, so, when we lose marks, we are sad and in pain.

We are so happy,

When it is easy,

And in that case,

We just say "easy peasy"!!

Dear friends, nothing is impossible,
The word itself says, "I AM POSSIBLE"

-Vaibhavi Naidu V E

EXAMINATIONS!

There is a time of the year,
Where you are most stressed.
Having so much to study for,
Some get depressed!

Some people prepare,

Months and months before.

Because according to them,

Their life depends on their score!

This is for many,

The most challenging test.

Whoever is at the top,

Is considered the best!

Every school does,

This special programme.

This challenging time,

Is called the exam!

-Avnish Bhagwat VI B





- I have a mouth but no teeth and tongue, I have only 1 leg but cannot walk or run. Who am
 I ?
- Everyone has it but others use it. What is it?
- There were 2 mothers and 2 daughters traveling in a boat. Someone asked boatman how many people on the boat? He said I and 3 more. How is that possible?

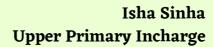
-Vasundhara Verma IV A

"LEARNING IS FUN"

The transition from a preschool setting to a primary school is a time of anxiety and excitement together for our young learners. Their curious minds ought to be ignited to know more and find more. Akshara provides a dynamic learning environment where students are encouraged to experience new things while building the foundational skills necessary for academic success in higher grades. We focus on the child's holistic development in every area of learning; intellectual, emotional, and social learning are all valued.

With a monumental shift in the education sector with NEP 2020, there is a dire need for students to shift their priorities and focus on the 4Cs of 21st-century learning skills;

- Communication
- Collaboration
- Creativity
- Critical Thinking





"JOY OF READING"

"Today a reader, tomorrow a leader."

— Margaret Fuller

Reading is a habit that needs to be developed effectively in life.

Tutoring your child to read beforehand and rightly has numerous benefits. We at Lower Primary take utmost care to make every Aksharite an effective reader.

Reading helps the brain development of a child. Children who learn to read early have a good attention span and can have better vocabulary. Also, their reading chops can enable them to comprehend better and ameliorate their exploration chops using different sources. Studies have shown that a child who learns to read joyfully early becomes tone-confident and independent. Reading habit also improves the child's creativity and imagination. The quality time spent on reading improves parent-child and teacher-pupil relationships at an early age. So, let's make books our child's best friend from an early age.

Ms Divya Jain Lower Primary In-charge

BEAUTY OF VALOUR

Valour is great courage
And lack of fear.
Embedded with bravery
And chivalry-its dear.
It's the one who is gallant,
And possesses a lot of spirit and talent.
It has daring and audacity,
Doing everything to the best of its capacity.

Though it's not visible,

Its present within the inner us. In everyone.

Be it in the form of everyday "T.D." games,

Or following tough orders,

Or those playing with their lives on borders,

Everything requires a certain type of valour!

It was in those soldiers of fortune,
Who gave India a new tune,
To their extreme fortitude,
Let's express our gratitude!!

- Ananya Mishra IXF

WORDS

"It's dark outside.
Sitting at my desk,
I'm staring at the paper
On the wood,
The page is scribbled at and written in.

And as I stare,
It makes me wonder...
How did they create something so delightful,
So exquisite?

Because Wealth never mattered.

Neither did Pride.

Nor did Power.

For when one has

The gift of a few sincere words,

What else does he ever need?"

-Aanya Abhisht VIII E



Funny Riddles

- I am a Bird; I am a fruit and I am an animal. What am I?
- I am a bear, I am very shy. What am I, you will find me in sweet shops?

- Vasundhara Verma IV A

A LESSON

Mathematics - the only subject, Where things go beyond imagination! Where alphabets start from 'x' and 'y', Every step requires a new try! With a pinch of addition, Garnished with subtraction. Multiplying the fraction, The roots are the main attraction! **Just like a wall** is made by a mason, The 'pie', 'area', and 'volume', are the bricks of math. Making it into a giant "lesson"! Every class has doubts and shouts, The most -lively class, where the brain sprouts!

It teaches us
to add positivity in Life,
And to subtract and cut negativity with a
knife!

Math is liked by
Tom, Jerry and Jesson,
"MATHS CLASS"
is a big
"LIFE LESSON"!!

- Ananya Mishra IXF

BOOKS

Books,books,books

We all have them, don't we?

Lying in the library,

Waiting for us to look and see!

To see the imagination,

That lies behind every page.

There may be kings and queens,

Maybe even a mage!

Where do you think we learn from?

We have a textbook we need.

Full of so much information,

Some I can't even read!

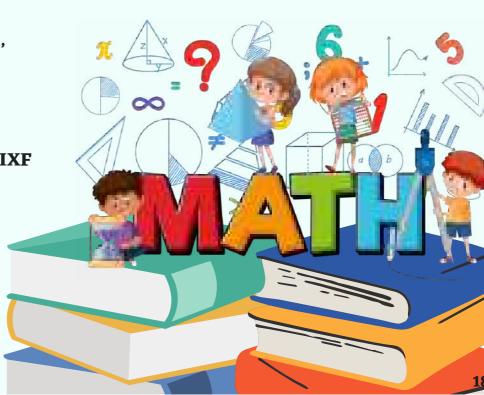
Maybe from time to time,

Might have words that annoy.

But if you're feeling sad or bored,

Grab a book and enjoy!

-Avnish Bhagwat VIB



SUNFLOWER

A beautiful yellow flower,
Which has unparalleled Power,
It provides energy,
Through its exceptional vibrancy.

It blooms where the sun is,

It blooms till it's full capacity it's colour is

worth noticing

It instantly catches your eye

A representative of love and bonding,

It shows how a person is fond

The perfect gift to make you happy,

And brighten your Day with colour.

'the flower of friendship',
Is indeed a lovely name
Happiness is it's only aim
A truly unique flower it is.
-Hiya Mehta VI-E



SUNFLOWERS OF AKSHARA

NATURE...A MYSTERY

Oh dear oh dear nature,
Why such a mystery?
Full of so much to discover
It feels like a fantasy!

It has variety of animals,

From the biggest to the smallest.

So unique and beautiful,

It's just so flawless!

There are places,

With very little sound.

And some with so many animals,

I can't even count!

There are wet places,
Like ponds and river.
Sometimes so sparkly
It looks like silver!

Oh dear, oh dear nature,

Why such a mystery?

If humanity figures you out,

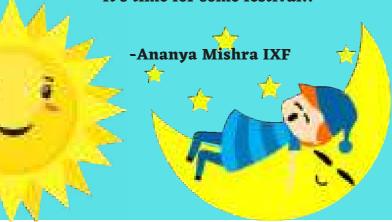
It would be our greatest victory!

-Avnish Bhagwat VI B



NO TOPIC TO FIGHT

Once the Sun and the Moon were having a talk-That "As we walk, colours on the Earth change a lot!" "I change your darkness into ray of hope!", said the Sun "Might be but when I am as round as a bun, I leave most of the babies and youngsters stunned!" -replied the moon with a grin. Then entered the Earth to resolve their conversation Which was now turning grim. As it said with pride that-"Both are equally important - day or night, This is 'No Topic to Fight'!" Now for a cheesy mood swing, Earth took then to another wing. "Well to make happy as a lark, Let me show you my resident's festive spark." The time when people are in a mood which is slacker, Children request their parents for cracker, When rockets start to whacker In the air, much more enthusiastic, When the global atmosphere is fantastic, It's the revival of good over evil, It's time for some festival!!



ADVERTISEMENT

Because I could not promote
for Advertisement,
it did kindly promote for me.
Advertisement, Advertisement,
everywhere,
Yet not a drop to promote.

How happy is the graphic signage!

A signage is realistic, a signage is explicit,
a signage is pictorial, however.

The publicizer that's really online,
Above all others is the advertiser.
Pause to cease, as the advertiser does.

The yellow publicity sings like
a personal hearing,
Does the publicity make you shiver?
Does it?

Advertisements are slick floors.

Slick floors are Advertisement.

Advertisement, Advertisement,

everywhere,

Yet not a drop to promote.

-Shrisha Singh VI-F



ONE DAY!!

One day I found myself as a unicorn,
I thought I was beautiful of all!!
One day I found myself as a butterfly,
I was wonderful and a sweet little pie
flying in the sky!!
One day I found myself as an ant,
I did lots of work with
a smile and was fine!!

DAY & NIGHT

Day and Night both make the world fine..

During the day it is bright, and it is dark at the night...

Everyone sleeps and sees a dream at night..

At day we fulfill the dreams we see at night!!!

Sanvi Khedkar. II E

FAIRIES AND PIXIES IN THE RAINBOW SKY

When the fairies reach the sky
The rainbow shines high and bright
You will see fairies big and small
You will see creatures dancing around the sun
I love to see pixies and fairies
They await my arrival every day
You can see fairies too
But only in your daydreams
When the rainbow shines high and bright
With the sun high up in the sky
I see the world through the lens of fairies and pixies
And you can see it too!

-Riti Malik, Class II F

MY ANGEL

God can't watch us all, can he?

So he sends little angels.

Calm, composed,

Bright and beautiful!

If you're ever feeling lonely,
If you're ever feeling bad.
Just talk with this angel,
I'm sure you would be glad!

She will always be there for you,

Through your failures, through your success.

Even through the darkest and the brightest,

She will be there for you nonetheless!

So take care of this angel,
As there won't be another.
The name of this angel,
Is your beloved mother!

-Avnish Bhagwat VI B

MY MOTHER

My dear mother

You are very different

From the others

At night I would not
Sleep without you
Even if you don't want to

I thought studying was

Boring, but when you help me
In studies, it feels amazing!

When I am sad, she says
"Don't feel bad or sad,
Just be happy and glad"

Sometimes when I behave

Bad, she becomes angry with me,

But then she forgets it and starts

Helping me!

-Advait Dhondge V B



A SOCIAL LIFE

Social media is a blessing. Makes me no less than a drug addict. Gasping for a dose of this poison, It controls me like an unfortunate convict, Binding and torturing me inside my prison. Social media is a blessing. **Snatching away** my real friends from me, It shows me to trust people I've never met Our usual rendezvous have become history, My social life has become a crashing jet. Social media is a blessing. Convincing me that my life is wasted uselessly, When I see others enjoying every moment of theirs It keeps from me the truth, quite shamelessly, That people never post anything about their despairs. Social media is a blessing. Saving me from face to face conversations. Which were once set into routine Just to fulfill those tantalizing temptations, Of picking up, just once more,

that loathsome machine.

Social media is a blessing.

Intimidating me to weigh my worth,
Through an absolute stranger's eyes

Forcing me to live in that illusion of mirth,
Until the true me dies.

Social media is a blessing right?

So why does it look so much like a curse?

-Diya Gupta XI E

LIFE

What is life? Full of ups and downs Slowly you age Feelings of others you gage. You once were a baby And grew up to be old And you slowly got bold Only to see one day you will die. When you were young They held your hand and walked you, When you got old, They held your hand and walked you. Things repeat often When you were young, you were childish And then grew old, Once again to be childish Your hands grew feeble, And you grew more nimble, Your teeth grew brittle You know you'll pass away.

Hiya Mehta, VI-E

WHERE HAS THE TIME GONE?

Where has the time gone? Passing day by day, Reminiscing the time when we were little. But now we're growing astray. Where has the time gone? Our shining little eyes, Making everyone stop and look, At our sweet innocent smiles. Where has the time gone? A hug from mother, Sitting in her lap, A love like no other. Recalling those moments, Those good old days, But inside us there's a child, Ready to come out and play! -Iha Gautam VI E

METAMORPHOSIS

A significant moment in a journey comes by

Where oneself one has to prove and justify

A time of change in everyone's life

Where the Pupa Changes into a butterfly

A time when all part our ways

And choose our fights, our nights and days

And fight out own battles and our own demons

As we navigate through this world's maze

A time where duties and responsibilities we shoulder

As we climb the mountain, moving every boulder

Carrying a torch, we try to move ahead

As the days go dark and the night go colder

-Arnay Khadkikar X C



Shravya Jadhav IX F

IT'S NEVER TOO LATE

Once a circle cake Was getting a nice bake It was in the oven Standing stubborn. Then enters a chubby boy, In his hand a big cake toy. Eating a slice of cheese Asking to make it a little faster, please! Gradually the cake becomes, SOFTER, SPONGIER and BIGGER, Making the child more eager. Then the oven sounds tick-tick-tick And the cake is checked with a stick. Getting decorated with a nice topping, Makes the boy continuously hopping. Then served on a big plate, The child huffs-

-Ananya Mishra IXF

IT'S NEVER TOO LATE!!!!!

TIME

75 years since dawn a small seed then reaped, has now become a sapling. 75 have passed, yet many more to come. leaving the "glorious" past, we move. towards a new future. towards years, full of shine. full of light. Let's raise a toast. to our determination and grace, to all the miles covered. and memories made. Let's cherish the past, Let the sun shine. Let the hopes rise, cause skies of dusk, are left way behind.

-Jagriti Somani XII E



Mugdha Karandikar IX A

Say CHEESE!

The NATURE SMILES!



Tvisha Chawda XII E

ART OF FORGIVENESS

Forgive the people
Who care for you,
It's a totally different art
Than what you do.
It's a magic of words
That some people don't know,
But makes people happy
And you too.
It's an Art
That has no literal meaning.
You lose nothing.
After forgiving,
Not everyone knows the meaning
Not everyone knows
What exactly is forgiving.

~Akshara Baviskar, VIII C

A GOOD GIRL

"Be a good girl", they said, and you see where I was led. "Eat more, eat less, Can't you properly even dress?" "You're a girl, you should know this stuff, Stop playing sports, it's making you rough." "Without grace, you're not a girl. She's so angry! Her head must be in a whirl" "Don't go out alone so late or just find yourself a good mate." "You're now a mother, so quit your job. You have responsibilities so get the mop!" Then they say, "Why, you had a nice career off, of which you were robbed, a nice future was set, but then you dodged" "Be a good girl", they said,

-Simoni Banik VIII C

and you see where I was led.



Aastha Laddha XII E

CHRISTMAS TIME!!

It is Christmas time,
All children will have holidays.

We will play in snow,
And drink hot coco.

When comes the evening,
We shall decorate the Christmas tree,
With beautiful lights and stars.

It is so fun..Oh ho ho..Oh ho ho
Atlast, sleepy with dreams of candies
And lovely gifts in socks.

Oh ho ho....Oh ho ho
Thank you!

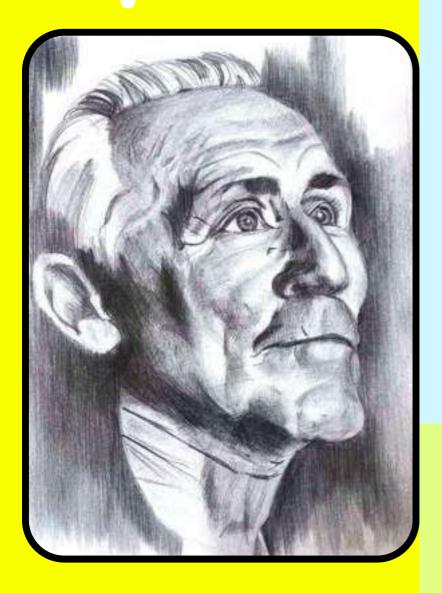
UP IN THE

-Hiyaa Patel I B.

FARAWAY TREE

Up up in the far, faraway tree I can see lands far and wide I can peer into the fluffy white clouds Along with my fictional friends Jo, Fanny, and Beth Many an adventure I have had in strange queer lands Adventures up and high, right above the plain blue skies Wonderful lands, the icecream land, the hippity hop, and roundabout land Hippity hop, hippity hop, above the blue skies To see strange creatures, houses far and wide Beautiful lands, bye-bye!

- Riti Malik. II F



Aastha Laddha XII E

CHRISTMAS

C-Christmas is my favorite festival,

H-Hence, we put on a lovely Christmas tree and

R-Reindeers come with Santa Claus!

I-I know that,

S-Santa Claus will give me the best gift and T-

Today I'll see him at night!

M- My friends and I'll enjoy the Christmas Day,

A-And I hope that you will also have a Merry

Christmas with

S-Santa Claus!

-Anooj Mungikar V A



"BEING A FRIEND"

Being a friend isn't an easy task

Like an increasing slope in a graph

Not like hyperbola or parabola

You can read me like an open book

But won't ever judge me on any basis

Being a friend isn't an easy task

You are so different from me

Still we share the same heart

You are no less than a precious gift to me

Will always be thankful for listening to me

Being a friend isn't an easy task

You are always there with me

How can I ever repay that to you?

Dedicated to all my dear friends

- Arpit Rath, XI C

JUST MOVE ON!

Don't think about the things by-gone, Just move on! Often people say, That they had a bad day, And put their knees, In feet of fate. But don't lose the ray of hope, Cuz even in the deepest pit, You have a rope. So grip that And put on your hat, Don't think that the pit is too long, And " JUST MOVE ON! " The best example is "THE AIR", Which is present everywhere, Constantly moving with time Sometimes with the sound of hymn, Played by the arms of wind-chime. Past is past and cannot be changed, so, Don't think about the things by-gone, **JUST MOVE ON!!** -Ananya Mishra, IX F

BEING INVISIBLE

I wish I was invisible for a day, I would go to the beach bay! Oh, what a wonderful stay, I wish I was invisible for a day!

I found out all your secrets,
How you got the B Grade?
Don't be worried and sad, or afraid,
Cause I won't tell anyone today!

I would sit under a mango tree,
For a mango to fall on me!
I love mangos, you see,
Ah, I would feel so free.

My family would be so worried,
But I would not want my stay to be hurried!
Oh, what a wonderful stay,
I wish I was invisible for a day!

- Vihaan Vaidya, VI B

I WILL GO ON TO LIVE MY OWN HAPPY ENDING!

You, a sweet fragrance,
And I, a gust of wind.
When we met,
The whole world swirled with the wind!

I had no doubts in you, no questions to ask,
And in you I had a trust to last.
Then why?
Why did you switch sides?
Never mind, I'm brave,
I learned to change with the tide.

Was I your puppet and may never have known?
Was it a lie? Was it all just a show?
Or did you not find a better friend,
And that's why continued to pretend!

Now, you may be full of delight
And have nice-as-pie smiles,
But remember, sugar rots
And sweetness lasts a short while.

I continue to live as a better version of me,
Being self-sufficient is my key.

Life has taught me a lot
And soon you shall see.

So, to all those reading this,
I can simply sayDon't be choosy and embrace all
That way you'll never see nightfall.

This is one more chapter
that has come to a close,
And a welcome diversion I have chose.
You can go on faking and pretending,
AND I WILL GO ON
TO LIVE MY OWN HAPPY ENDING!

-Shreeya Rathi IXF

A READER'S GUIDE

Are you running out of books to read?
Are you bored?
Are you confused about what to read next?
Well, you've just come to the right corner!
I shall be your personal guide
as we walk through a journey of books...

Do you like Fantasy & magic?
Then Harry Potter's right there,
Waiting to be read by you!
Or maybe even Percy Jackson,
Written by the famous Rick!
They speak of wizards and wands,
Gods and demons,
Friends and family, too!

Tell me,
Do you like sneaking and peeking,
Into other's life?
Then, Rachel's Dork diaries,
Or even the Wimpy kid is just perfect for you!

Or are you a Sherlock Holmes,
Who loves detective novels, like me?
Then Friday Barnes is a must for you,
And so is Secret Seven and the Famous Five!

Have you ever wanted to go to a boarding school?

I have but I know I can't at least not

I have, but I know I can't, at least not now.

But we can go there, through books you know,

Written by the one and only, Enid Blyton!

Malory Towers, St. Clair's, and even, The naughtiest girl in the school, Makes you wish, you had midnight feasts too!

Or you have a taste for horror stories!

It makes me shudder and shiver, reading them!

But, if that's what you want, check out, Goosebumps! Here are some books that I loved reading...

'When the war came home, Rebel Girls,
And books are written by Ross Welford,
Like the 1000-year-old boy or even,
Time traveling with a hamster,
A few of them....

Phew! That's many books I introduced you to. There's no way you didn't find the book you want yet! I'm sure something caught your attention. Now that my work here is done, I'll be signing off for now....

Rose Varghese VII C



BOILING YOUNG BLOOD

Patriotism bursts in every vein
Protecting citizens from getting strains
Remembering two hundred years of slavery
India is the result of their bravery

Brave men of our country
Giving their liver so we may be free
They do not do it to prove that they are the best
They do not do it for medals pinned on their chest
They do it because it is what is right
They do it because no one else fights

In every war, our lions roar
After the huge struggle
The fruit boars.
They step ahead
With a sip of courage
They never thought about
The outcome of outrage.

The model has inculcated the values of bravery,

Courage

And selflessness in me.

I inculcate them daily

Inspiring the young minds
As country is their first priority.
They let the river of bloodshed flow
Leaving their own ones behind
And making them sorrow.

-Rohan Mishra VI B



-Hrutav Sandhe VII C

Des expressions utiles

C'est comme tu veux. - It's up to you.

Laisse-moi tranquille ! - Leave me alone!

Pas question ! - No way!

Pas étonnant! - No wonder!

À plus tard. - See you later.

Tu devrais avoir honte. - Shame on you.

Et alors ? - So what?

Du calme ! - Take it easy!

Ils s'entendent très bien. - They get along well.

Quel dommage ! - What a pity!

Comment ça s'appelle ? – What do you call this?

Qu'est-ce que tu veux dire ? - What do you mean?

Qu'est-ce qui te prend? - What's the matter with you?

Quoi de neuf 7 - What's up? / What's new?

Pas possible ! - You don't say!



CLIMATE CHANGE

C-Climate is good today if we do not do air pollution,

L-Let's clean Mother Earth,

I- I'll always put garbage in the dustbin,

M- My friends and I will plant more trees,

A- Alligators can bite us but we should not kill them,

T-Tigers are endangered so we should save them,

E-Elephants should not be killed for their teeth!

C-Cows give us milk so we should give them food,

H-Hurry up,

A-And switch off all the lights and fans,

N-North Pole is melting,

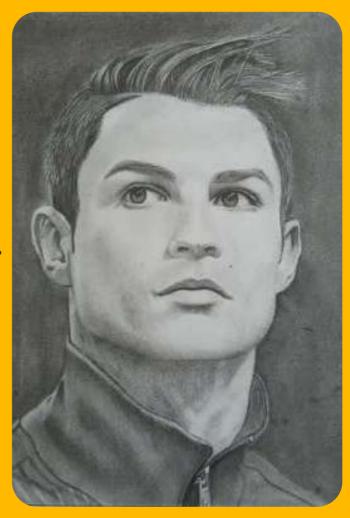
G-Get more trees and plant them,

E-Environment should be kept always clean!

– Anooj Mungikar V A



Jiya Patne VI C



Rohan Mishra VII B

THE UNKNOWN

Being underwater in the sea,
Is like meeting a new me,
Species of animals have grown,
Discovery of animals is lot to be known.

Fishes and sharks all are seen,
Seahorses and starfishes all have been,
Octopuses with great eight legs,
Jellyfishes very poisonous.

Breeds of animals have survived
In this underwater world
The sea for us is a surprise
As it is a mesmerize.

-Aarini Taradi VI F



As a little girl, I grew up on tales and bhajans of Lord Krishna, One who stole butter lifted Govardhan, killed Kansa, and was Vishnu Avatara. It was much later in my life that I gradually realised, Behind the enigmatic smile was the god who empowered womankind. With Radha, he had love and devotion that was pure and divine, A man and woman bond can be platonic and sublime. When Rukmini, sent him a letter requesting him to abduct, He loved this emancipated woman, never questioned her conduct. He gave the opportunity to Satyabhama to kill Narakasura – the demon, The Warrior wife experienced a sense of achievement and freedom! Like an understanding brother, he helped Subhadhara elope, Because Arjun could give her joy, love, and hope. When his sakhi – Draupadi was getting disrobed, and everyone had left her hand, The supply of saris didn't stop and later kuru clan paid due to his firm stand. He had changed poison to nectar when Meera had called his name, Intoxicated in his love she became a saint and a poetess of high acclaim. He freed the 16,000 princesses from Naraksra's abode, Agreed to marry them for their dignity as was the expected moral code. Perhaps the most important lesson learnt from the life of Krishna, Protect and Respect Women; it is the greatest Karma and Dharma!

- Sonika Singh



ARMAAN GUHA
NCO: 59/60
MARKS SCORED:59/60
INTERNATIONAL RANK:1
INTERNATIONAL GOLD MEDAL





U GENIUS QUIZ COMPETITION
1ST POSITION
AARUSH BAGDIYA
ARJUN PRADAN



SKILL SPHERE EDUCATION
QUIZ COMPETITION
SWARA AJIT BHOSALE- 1ST POSITION
(5TH -7TH GRADE)



SKILL SPHERE EDUCATION
QUIZ COMPETITION
AARUSH BAGDIYA= 1ST POSITION
(8TH-10TH GRADE)



PAULAMI DUTTA
MANSAVI BALWATKAR
2ND POSTION
BEST MAKEUP DESIGN
MERAKI



MNASVI BALWATKAR
PAULAMI DUTTA
3RD POSITION
FASHION STYLING
MERAKI



TVISHA CHAWDA 3RD POSITION PHOTOGRAPHY MERAKI



5 CDC CAMPS.

AKSHAT BHARADWAJ

(9TH GRADE)





ALENA **SHARMA**

SKATING U-11 (GIRLS)



PAKHI PURANIK

SCHOOL YOGA COMPETITION



SAANVI **RUSTAGI**

KARATE ZONAL LEVEL



ARNAV LANDAGE

KARATE ZONAL LEVEL



SHIVAM MISHRA

KARATE ZONAL LEVEL



RISHIT KAKKAR ADITYA SRIVASTAV PRITHVI SINGH ADWAIT SHINDE

TABLE TENNIS U-17 BOYS **ZONAL LEVEL**

S



SAMARATH BHORE SECURED 2ND PLACE ZP MATCH



GGIS INVITATION FOOTBALL TOURNAMENT
3RD PLACE

SSSPAND R

TEJAL YADAV ARYA BHATT CHESS U14 GIRLS





VIRAJ KALATE BREAST STROKE 100MTRS

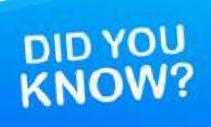


SHURJANA DESHPANDE 50MTRS, BACK STROKE



REMEMBERING RK LAXMAN,

'THE COMMON MAN & THE GREAT CARTOONIST'



Full name of RK Laxman was Rasipuram
Krishnaswamy Iyer.

Ramon Magsaysay Award in 1984 and Padma
Vibhushan in 2005

He was an Indian cartoonist and illustrator, who took most of his inspiration from the common man's life and aspirations

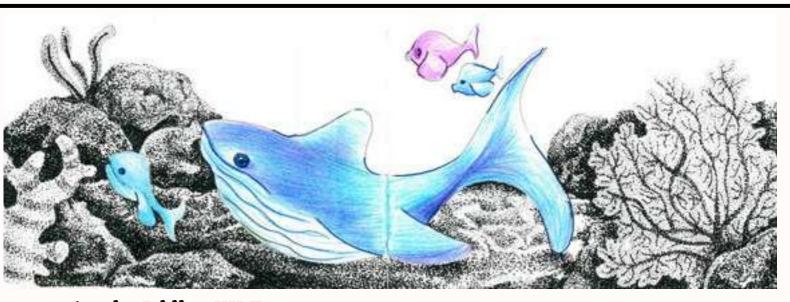
> His elder brother RK Narayana and eminent novelist of his era and the creator of Malgudi days used his drawings and illustration for his stories published in The Hindu

He was born in a family of eight children he was the youngest of all.

Conferred with the Padma Bhushan in 1973

Honorary Lifetime Achievement Award for Journalism by CNN-IBN TV18 in 2008.

VIRAJ RAMANNAVAR III A



"KNOWN IS A DROP THE UNKNOWN IS AN OCEAN"

On the cusp of a new era marked by revival and a shift in the dynamics of education, we, the Aksharaties stand poised. In light of this, Akshara International School has repositioned its sails to better withstand the powerful winds of change. The goal is to prepare the students to become fully realised individuals who continue to advance in knowledge, curiosity, courage, creativity, achievements, confidence, competence, and a sense of fulfillment.

Our main responsibility as an educational institution is to instil in students strong, positive character traits, encourage creativity and innovative thinking, teach them to not be afraid of failure but to work hard to achieve success for excellence, teach them to put things in the right perspective, and most importantly, discipline them.

I sincerely hope and pray that the students at our institution will reach tremendous heights while flying the AIS banner proudly.

























AMBER THE ARTIST

Once upon a time, there was a city known as Halifax. In that city lived a girl named Amber. She was a child of a famous singer named Maria. Her dad passed away when she was just one year old. Due to her mother Amber always dreamed of being a singer, and she also had a great voice, but the problem was that she was not confident enough. She always thought if she sang, people would make fun of her voice. Her mother was so tangled up with her work that she never knew that her daughter had a great voice. One day when Amber was singing in the empty hallway of her school at dispersal time, her best friend May hear her sing and she was astonished that she could sing so well. She went up to Amber and told her that she had a great voice and that she should take part in the upcoming singing competition, but Amber just told her not to tell anyone that she could sing. After that, when one day Amber was absent, May gave Amber's name for the singing competition. The next day when she told Amber that she had given her name in the singing competition, Amber was very angry at first, but then May told her to give it a try, so she agreed. A few days later, it was the day of the competition, and May had also brought Amber's mother to hear Amber sing. When it was Amber's turn, she was nervous, but when she started to sing, everyone was shocked that she could sing so well. After the competition, she was awarded first place, and her mother was very guilty as she never paid attention to her own daughter, so after that day, she worked really hard to make herself a singer. When Amber turned 18, she was a world-famous singer.

-Anvesh Shrivastava VI C









THE SEASON OF BLOSSOM HAPPINESS

Winslet, a little girl born on the streets of Hertfordshire, was facing a tough time since she had always wanted to pursue a profession in dancing but had never been successful. She was heartbroken and disappointed because she had failed to win every competition in which she appeared. Since she didn't see many opportunities for her career, she lost faith in it. On a July day when she wasn't feeling herself, she sat beneath a tree and started to consider the Gala night that would be held the following month. It began to rain unexpectedly, and the calm wind entered Winslet's life as a glimmer of hope. She saw that it was the moment that would ignite her spirit and cause her guilt to be consumed in a blaze of glory. The sensation came from within, and she started dancing graciously on the wet soil. This moment brought about significant changes in her life. Ever since that day, she began practicing with complete dedication and concentration.

Winslet experienced many difficulties during those tough times, but she never gave up striving to achieve her goal. She realized that even if rocks deteriorate and turn into soil, those soil particles must bow down in front of the sun's labor-intensive rebirth and must once more join. She knew that to be reborn and become a more robust and wiser version of herself, she needed to die a little inside. She had been practicing for The Gala Night competition for a month, and now was finally the day she had to perform. She collected her courage and began to move to the music's pulse. At that moment, she believed that her harrowing time in life was about to end, and she saw a ray of hope in her lonely, dark path. However, Winslet was given a new moniker as a result: "The Dancer Whose Life Got Changed by Winning the Gala Night."

-Rohan Mishra VII B





We are Aksharties, Joy is our name!





INDIA-

THE LAND OF CLASSICAL DANCES

India is a land of varied heritage and culture. Its beauty and diversity lie in the grace and divinity of its dances. I will take you on a tour of the classical dances of our country. The Sangeet Natak Academy recognizes 8 classical dances

Bharatnatyam, Kuchipudi, Mohiniattam, and Kathakali originated in the Sothern part of India. Odissi and Sattriya come from the East. Manipuri finds its origins in the northeast and Kathak originated in the North of India.

According to Natya Shastra, Indian classical dances have two fundamental aspects - Tandava (Bold movements) and Lasya (grace, bhava, and rasa).

All classical dances are composed of Abhinaya, mudras, and gestures. They are the purest form of expression and connection to God.

Dance and Drama have been an integral part of Indian religions as well as in secular life from the beginning of the Vedic culture till date. This heritage of practicing classical dances is so strong that it has connected the hearts of the people and all parts of India as a whole.

The only way to keep the legacy alive is to pass the art forms, and the rich history of classical dances from one generation to the other with the confluence of religions, customs, and beliefs.

-Ashmita Sarkar XIB





- Why Nine is afraid of 7?
- Why mathematics book is very sad?
- My name starts with P and ends with E and I have many letters. What am I?
- I am an insect and also an alphabet. What am I?
- It has a bed but cannot sleep. What am I?



CHOCOLATE CHIP COOKIES!

Baking is a wonderful amalgamation of science and art, which brings pleasure and joy to people all around the world. Let's take a minute to talk about cookies, the sweet, chewy, crunchy canvas that is ready for just about any combination ever, to satisfy even the most peculiar sweet tooth. Here's my recipe for the perfect eggless chocolate chip cookie!

In a large bowl, add 1 cup softened butter, whisk till creamy and smooth, and add ½ cup white granulated sugar and ½ cup light brown sugar and beat for about 2 minutes, till fluffy. Now, add 1 tsp vanilla extract and 4 tbsp warm milk. Continue whisking till incorporated.

In a separate bowl, add 2 cups all-purpose flour and 1 tsp baking soda, incorporate and add the dry ingredients to the butter mixture and mix till combined.

Our base dough is ready. Let's start adding some flavors! At this stage, explore with what you have in the kitchen. My go-to combination for classic choc-chip cookies is 1 cup of roughly chopped Amul dark compound chocolate, combined with 1 shot/ 30 ml of pure espresso coffee to enhance the flavor of the chocolate.

You can always substitute this combination with walnuts, a dash of cinnamon, sprinkle of nutmeg, chopped almonds, go wild! You may also incorporate combinations including pieces of fig, ginger, blueberries, or even oranges. A mouthwatering combination is that of honey and oatmeal. Explore with the available ingredients and see where it takes you! Now, fold your ingredients into the base dough and let it chill in the refrigerator for about 30 mins, and preheat the oven to 180C for about 15 mins. In the mean-time, make 1-inch balls of dough and place on a lined baking tray, and flatten it slightly.

Bake at 180C for 10 to 12 minutes, until the edges are golden brown. Remember, everyone's ovens are different, hence the time may vary, so make sure to always keep an eye on your cookies!

Once baked.

let your cookies rest for about 5 minutes and enjoy!

-Abha Kulkarni XID

SECRET TO JOYS OF LIVING

With our ever-increasing hectic schedules, most of us might end up feeling like a robot, living life within the mundane structures which have been established by ourselves. But how often do we take a pause in this fast-paced life to take a breath and let the moment of life sink in? More often than not, we tend to search for the key to happiness, forgetting the power of something we all possess.

Laughter is not just 'the best medicine' but is also the cheapest, simplest, and at times even the most effective solution, which is completely within our own control. It is a priceless medicine, which is enjoyable, and so easy to administer, and yet the importance of such a tool is often neglected.

Biologically speaking, laughter has been known to offer a multitude of positive effects on our human body, including a strengthening of our immune system, boosting blood circulation, increasing muscle flexibility and dexterity, and serving as s stress buster! In terms of the effects on our mental set, laughter has been found to help the person feel relaxed, thereby improving the person's resilience and strength to cope with stressors. Laughter is known to be contagious and, therefore, would be beneficial not just for us but also for those around us.

Live in the moment

It is very important to learn to be able to live in the moment. While planning for the future or learning from one's past experiences is inevitably useful, we often tend to get so caught up in the past and the future that we neglect what we have with us and focus on the present moment. Celebrate life, and enjoy each moment to the fullest.

Self-care

In the hectic lifestyle of today, "Me time" is essential to give an individual the necessary time and space to rejuvenate the self, and take care of his or her own self adequately Anything and everything that makes you feel relaxed, is advisable as a form of recreation (with the exception of causing harm to self or others). So indulge in creative activities like dance, music, writing, or any other activity like gardening, pottery, or yoga, and the list could be endless!

SAY NO TO MOBILE PHONES.

LIFE IS BEAUTIFUL, ENJOY!

Roopsi MehtaDepartment of Psychology



Hello everybody! My name is Ayaansh Rajoriya.

Now please open your heart and eyes, because you are going to read the best experience written by somebody.

MY GOA EXPERIENCE

When I was going to Goa, it was really fun & I was super excited. It was after 3 years we were going on a family trip "A Road Trip". It was an exciting 9 hours road trip from Pune to Goa.

Day 1

We crossed the well-constructed highway through the jungles and oh; I forgot to tell you, we missed a turn also. Nevertheless, Google map helped us and we got to the correct path. When we reached Goa, We directly went to a beach. I enjoyed a lot there, though it was a good beach compared to the beaches of Mumbai and Alibaug, but I could see some plastic material/bottles floating on the surface of the ocean. We all should try to keep it clean. After some time, we checked into our hotel. The hotel was awesome. I enjoyed every bit of hotel's swimming pool.

Day 2- We three were set to explore the cities of Goa. We first decided to visit the historical places like forts, lighthouse, prison turned museum. Though the scorching sun was burning our skin but we still looked around all the places, while we were coming back to hotel all I could think about was the swimming pool and quiet literally I was in the pool for hours in the evening We were roaming on the roads of Goa and were admiring the colonial lifestyle of the cities. After exploring all the places we left for another place called Cavelossim - Mind-blowing beach & a splendid hotel to relax. My mom and I collected some shells, had morning walks together, watched the sunset.

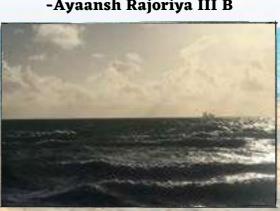
Day 3 - I did some daring stuff like Banana Ride, Ringo Ride, Jet Ski & guess what? "Parasailing". It was such a lively feeling I experienced. It was like a parachute. You hang on the parachute and they let you go above in the sky. I was shouting out of fear & excitement in the air. It was brilliant.

I loved my 3 days in Goa. Would like to visit again!

-Ayaansh Rajoriya III B







Tvisha Chawda XII E

SPACE SHUTTLE ATLANTIS

Around 50 years ago, Engineers and designers at NASA decided to make a machine which will go in space like a rocket and land like a plane. Atlantis

Atlantis was the fourth shuttle constructed and the last one to fly in space. It has done 25 years in space flying 33 missions out which some are done for the US military.

Atlantis's first flight was shrouded in secrecy. Mission STS-51J took five people into space and lasted for four days. Just over one month later it lofted three communication satellites into orbit.

Atlantis's fourth flight, STS-30, marked a historic first for NASA. from the shuttle's payload bay. Atlantis repeated its interplanetary feat on STS-34, when it sent the Galileo probe to Jupiter. It then flew two missions for the Department of defense, STS-37, STS-43 and lofted a defense satellite on STS-44. Also, it flew 7 missions to MIR space station and then it stopped for a few years.

It leapt in station work once again on STS-101.In its last few missions to the station, Atlantis continued hauling heavy equipment such as the Columbus science laboratory and some truss segments. It flew the very last shuttle mission, STS-35, touching down safely on July 21, 2011.

-Rudra Bhatt VIII-F



Manasvi Gadage VD



Mughda Karandikar IX A



Pareen Pandey III C





THE SHY MOON

As I watched the sun go down, I waited for the moon to rise. Soon it grew darker and darker, But the moon was not seen, to my surprise. Wondering about the absence of the moon, I had thought it did die; But after all, came to a conclusion, Saying that 'the moon is shy.' The next evening, the good old sun, Having a big heart, giving the moon some light, Said, "My little friend, come out of your shell! It's your time to shine bright!" With the sun's kind deed, the moon gained courage And began to show its crater-filled body. Crescent, then half then a full gibbous moon Was seen in the night sky so starry. Just after days, while I was gazing at the dark skies; I saw the full moon, shining white and bright. It was not shy anymore!

SEEKING PEACE

Mental Health is not a destination but a process. It's about how you drive, not where you are going. Have you ever focused on or analyzed the way you live your life?? If yes, you are strong enough to deal with the obstacles coming your way. If not, you have to change your negative thoughts to positive which will help you succeed in your life. You must be wondering how this is possible. There are two very important parts of your brain, the conscious and subconscious mind. The conscious mind deals with logical thinking but the main power which will help you win is your subconscious mind which deals with emotional and creative thinking. In simpler words, we can say that the things you imagine are because of your subconscious mind. If you think in a positive way, your subconscious will respond in the same way. While meditating, think about those things which you want to achieve and repeat them every day. These thoughts will become a belief and will remain in your subconscious, and then you will start getting your results. If you think you are fit and fine as you were before. This way, you can change your thoughts and be strong enough to deal with anything you find difficult.

There is no greater wealth in the world than the peace of your mind!

-Aditi Chawla VIII C



Thanks to the sun, also for this spectacular sight!

I AM MESSY AND I LIKE IT

Albert Einstein once said, "If a cluttered desk is a sign of a cluttered mind, of what, then, is an empty desk a sign?" We all need to understand what Mr. Einstein was suggesting here.

We messy people are always getting judged by others but let me tell you, a messy room, desk or bed can be a highly effective and efficient way of time management. Let me explain my experience with it in detail. On a messy desk, the most important work will always be on the top of the pile and the least useful will be at the bottom. This helps me easily find the things I need. Whereas, an organised person will have to spend more time in locating the stuff, not to mention the unnecessary wastage of time to clean up, sort and file the things. A cluttered desk provides more efficiency because everything I need is right at one hand's distance. Even though my room looks messy, I have a clear sense of where everything should be. It gives me confidence and a sense of control over my daily routine. I also feel that I am more productive this way. On the internet, there are many researches and examples available which suggest that messy people are more creative and productive than others.

Although, this has been a daily struggle between my mother and myself but I firmly believe that messy people are not lazy, we are breaking the rules of accepting the conventional definition of the word "Organised".

- Siddhant Sahay VIII-F



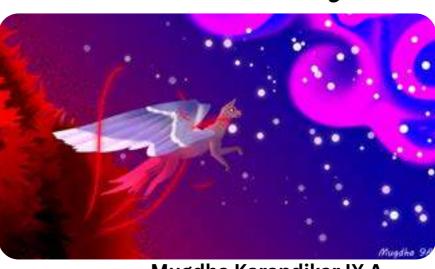
Tvisha Chawda XII E



Ishita Gharage VIII A



Granth Biyani V F



Mugdha Karandikar IX A

TIME FOR A CHANGE

Have you ever noticed how everything seems easy when your mind is in a good mood? Also, if you call your friends and spend time with them, you feel much better. Right?

The experiences we have in our life affects our mind. Our mood, physical health, and social connections go hand in hand and help us cope better in the ambience we are living surrounded by all kinds of people.

There are two types of people in the world, one who is fully confident and are born to succeed in their life, and the second type of people are those who keep thinking adversely and are not able to prosper. Many people say, "what we think is what we are". The thoughts that come up in our minds come into our lives as a result.

This secret is the marvellous miracle-working power found in your subconscious mind. The infinite intelligence within your subconscious can give you access to wonderful new ideas of knowledge.

So if you think in a constructive manner, you can flourish in your life and have a better mindset.

"It all begins and ends in your mind. What you give power to, has power over you, if you allow it." -Leon Brown

Aneesha Chawla VIII C

NATURE'S MYSTERY

Nature's Mystery
A thing I ponder about
If I only knew the answer to
I really would shout it out
O, life.

If I only knew nature's law
I'm sure it would make me freeze in awe
From beautiful flowers to trees
The creatures and the cool breeze
Are a mystery to me. So,
I would love to have the key
To unlock nature's mystery.
The weather changes ever so fast
Soon I forgot what it was in the past
The animals I see are all so pretty
But soon it makes me shake my head in pity
As I still don't know the answer to nature's mystery.

SCHOOL PICINC

School picnics are always fun. The memories of a school picnic are the ones to be cherished for a lifetime. I have been lucky to go on many school picnics and field trips. The amount of fun we have at school picnics is completely unmatched.

When we heard that our school was organizing a picnic, our joy knew no bounds. As quoted by Gretchen Rubin- "You bring your own weather to a Picnic." We started to plan lot of things, as it was after two long years post-pandemic that we were going out together.

We started from our school in the morning by bus. It was a one-hour drive, and we reached our destination -Imagica. It is an amusement park situated in Khopoli on the Mumbai-Pune expressway. It is a themed entertainment destination featuring multiple attractions like rides, thematic shows, and various fun activities. I loved roller coaster, scream machine, and nitro rides, which were full of unexpected twist and turn. It was really a thrilling experience!!

We started feeling hungry after all these rides, and it was lunchtime. Not to mention the food, it was the best. Post lunch, we saw various shows like Mr. India, Alibaba and Chalis Chor, to list a few. We also clicked pictures with our friends and teachers.

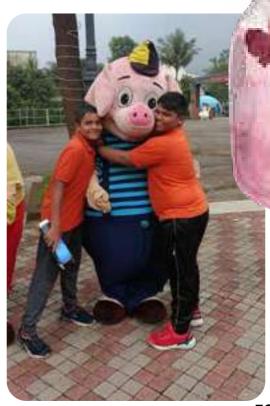
On our way back to school, we listened to music and enjoyed the scenic beauty of nature. It has been one of the most memorable days of my life

-AVIJIT SINHA VI C









Plethora of Activities











MY FIRST PICNIC IN SCHOOL

I was eagerly waiting for this day. When we sat in the bus ,we played and danced on music. Sharing yummy snacks with friends is always fun. When we reached the picnic spot ,we tried many things. All was new to me. I happily explored the place with my friends and had pav bhaji .It was time to go home but I did not want to go home. My first picnic was memorable.

BECOMING STRONG AND CREATIVE KID AT THE SAME

TIME

My first year in Akshara, and I love it, I have made many new friends and I play and learn with them.

As a kid, we should focus on developing ourselves as multi-skilled and learning many new things, be it games, sports, cultural dance, and so on..... We should also study very hard.

Painting and colouring are very important as it helps you to be creative and expressive and add colour to your expressions.

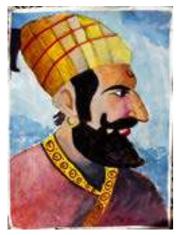
Freehand drawing helps me to get what's in my mind. Along with a healthy and creative mind, we should be strong, which will help in improving our confidence level.

Karate helps me with building strength and flexibility, so everyone should pick a physical sport. Sports teaches us discipline, and dedication and is so much fun!

It helps us in our growth and confident person, which will help in building a STRONG NATION.

-Ananya Nair I G









Saransh Panda I F



Aariz Mulani VI-B



Rajveer Bhondve Vth D



Arpiit Rath XI C



Advik Chourasia II D



Aahan Patel II E)

EMPATHY

One day an old man was putting an advertisement in front of his house. "Puppies for sale" were written in bold font. The very next day, he heard somebody ringing his doorbell; when he opened the door, he saw a little boy standing in front of him.

"Do I know you, son?", the old man asked the little boy. The boy replied, "You don't know me, sir, I have some words with you regarding your advertisement."

The old man was quite surprised as that boy was too young. He asked that boy, "What happened, my dear? Is something wrong?"

The boy replied, "No, nothing wrong, sir; actually, I want to buy one of your puppies."

The man replied patiently, "these are expensive breeds, my son; you can't afford to buy any of them."

The boy took out a bunch of coins from his pocket and asked, "Are these enough?"

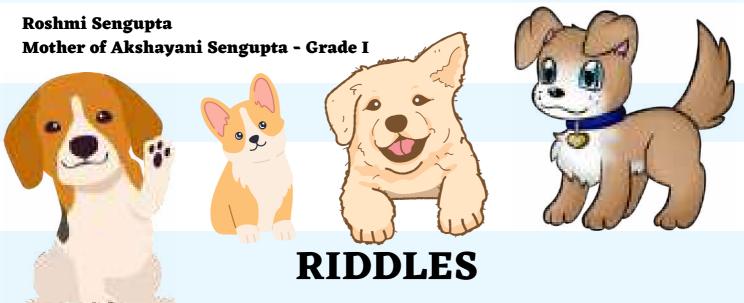
The boy's willingness towards the puppy changed the man's mind. He whistled, and a dog came running with her little puppies. Behind them, there was a poor one who was walking in an awkward manner and trying to catch up with the other ones. The boy pointed out that puppy and said, "I want this one."

The old man asked, "why do you want him? He will not be able to play with you like other ones?"

Listening to his words, the little boy started rolling up one leg of his trousers and said, "Sir, I can't run well, too, the puppy needs someone who can understand him, and I need a friend who can understand me."

The old man was deeply touched and handed over the puppy to that boy without charging a single penny from him.

Everyone has his/her own weakness, but if we willingly accept instead of opposing, then we can take advantage of our own weaknesses. Let's make a change.



Answers
1. Kiwi 2. Balushahi 3. Microphone 4. Your Name 5. 3 persons, grandmother, mother and daughter, so 2 mothers and 2 daughters 6. Bee 7. Riverbed 8. Post Office 9. Because, Seven ate Vine (7, 8, 9) 10. Because it has lot of problems

SAFETY VS PROFITS



Hollo Friends! Often, in life, we encounter some difficult problems, and where we need to find a solution in a hurry. This leads to more problems. Now, I will help you all understand this with a real-life example.

Boeing faced a similar problem some time ago.

Boeing has made so many planes that it will fill this whole page! However, I will keep it limited to the 737 max.

It started when Boeing realized that its biggest competitor Airbus "stole" its 737 customers like United Airlines and Lufthansa, they were in a hurry to find a solution. This solution was the designing of the 737 max. The plane has five versions: the 7, the 8, the 9, the special, and the latest version, the 10. They were in such a hurry to start selling these planes that it resulted in them hiding important information/drawbacks about the plane. One example of this is the auto system that points the nose downwards to ensure that the plane's nose does not point upwards when not needed. This caused two major and fatal accidents to occur shortly after take-off.

Accident no. 1: Lion Air flight 610 crashed in the Java Sea 10 minutes after take-off in 2018.

Reason: The pilot was trying to point the nose up but the nose was pointing down by the newly designed auto system.

Accident no. 2: Ethiopian Airlines flight 302 crashed on a mountain 2 minutes after take-off in 2019.

Reason: The similar reason occurred with this flight.

After these accidents, the 737 max was grounded all over the world. Boeing had to pay \$70 million in fines. Now, Boeing learned a valuable lesson that there are no <u>shortcuts</u> and safety is by far the most important than anything else. Till now, there are no more accidents associated with this plane.

Moral: It is better to be safe than sorry.

- Krishna Kalyanaraman III C





Once upon a time, there lived a little girl named Ella. She Loved magic. One fine day, while taking a book out of her bookshelf, she saw a red button. She wondered what it was and pressed it. The bookshelf shifted a bit and came to a door in front of her. Then a book appeared out of nowhere and fell at her feet. She took the book and found out that the title of the book was "The secret of the mystery door". She opened the book and started reading it. When she reached page no: 50, she found an envelope. It said Open Me. She opened it and found a note with a key. She took the note and started reading it. It said that this key would help you go inside the door in front of you. Please keep the book with you as a guide whenever you have a problem, this book will help you. And if you don't, you will get stuck here forever. Have Fun! Ella was a brave girl so she went inside the door with the book as her guide. As soon as she went in, she saw many toys walking around and playing with each other. She pinched herself and gasped OMG! Some toys saw her and waved at her she waved back. They told Ella about the wicked wizard Marco who troubled them. They told her he came here every morning and threatened us that he would destroy our Toyland someday. Ella decided to help her. The next morning, they were back to fear because Marco was coming. Ella said don't worry, I am ready to fight Marco. She took her book and started searching for a solution to her problem. She finally found it Marco was scared of Burnt ashes. She quickly called the toys and told them to store a bucket of burnt ashes. The boys did as they were told. Then Marco came and stomped Ella said Hurry up! Throw the bucket on Marco. The toys threw the bucket at Marco and vanished in the air. The toys thanked her for helping them get rid of Marco she said it was fine. Then they heard someone saying something from the sky. It was Marco he was saying Good Riddance! They all laughed and chatted. Then Ella finally said Bye! friends I have to go it was nice meeting you all she waved all the toys goodbye she took the key and put it on page no: 50 closed the book and opened the same page again and there was a portal in front of her she jumped into the portal and she was back at her bookshelf her mamma asked where were you? She said I was in my dreams. Her mother was confused. It was already night and she went to sleep. That night she had the same dream about the toys she had met. The next day she came home from school went to the bookshelf and searched for the red button but couldn't find it. After that incident days and months passed and she forgot about it and lived happily ever after.

-Taneesha Pattanayak IVC

WANNA GROW UP ONCE AGAIN...

Stressful, intimidating, and nerve-racking are a few adjectives to describe a high schooler's academic journey, whereas alacritous, enjoyable, and tension-free are a few adjectives to describe a middle schooler's educational journey. It's evident how contradictory these two types of journeys are. Even though the margin between the two is barely a year, the changes that follow are mind-boggling. This unforeseen change in the style/quantity of learning brings a whole other level of stress to the student's life. At this age, the priority of all students is the marks they get in their exams. This is due to the harsh expectations of the parents that the students must meet, or else feel as if they let their parents down. Parental expectations are well and good to a certain extent since it allows students to be their best self. However, after exceeding the threshold of expectations, students start taking on stress. This is when the war with themself begins.

Parental pressure is one thing, peer pressure, is a whole other. There are certain things one loves to do with their friends, and other things that one doesn't. However, some peers, intentionally or not, force one another into doing certain things that they don't feel comfortable doing.

All of this pressure, be it from parents, peers, or even themselves, has been proven to make them socially, emotionally, and physically weak. They tend to overthink and be anxious about everything. This anxiety may also lead to insecurities, further hurting their mental health. All problems have one or more solution, and so does stress and anxiety. To avoid all of this different pressure, stress, anxiety, and at times even depression, it is extremely intrinsic to not give heed to comparisons. It is also necessary to eat well and sleep for an ideal amount of time. I am personally opposed to the idea of having a phone at such an age, however, if one does, it is important to give it a break and not be glued to it 24*7. Being socially active is just as important as being physically active.

To encapsulate, it is necessary to maintain one's health at any point in time and at any age. If we begin taking on truckloads of stress from a young age, we will naturally be even more vulnerable to taking stress at an older age.

Finally, let's learn from the not-so-3 Idiots, Raju, Farhan, and Rancho that this time of life never comes back, childhood is one of the most precious stages of life and it is not to be defaced by a mere emotion like stress.

- Aayush Kak VIII C



THREE IMPORTANT D'S

DEDICATION

When you want to give your time and energy to something because you feel it is important. It is a commitment or a purpose. In the story of Arjuna when Dronacharya was testing every one to aim the bird's eye. Nobody could hit the bird's eye except for Arjuna. This clearly indicates how much concentration Arjuna had achieved.

DEVOTION

It plays an important role in our life. Meerabai was a devotee of lord Krishna, she ate poisonous food which was offered to lord Krishna but the impact of the poison had completely gone and she remained alive. Show complete passion in the work you do and success can be achieved with pure devotion.

DISCPLINE

It is the practice of training our mind and body so that we can control our actions and obey rules. The most important thing to be successful in one's life is self-discipline. It gives stability and structure to our bodies and also helps to overcome obstacles.

- Swara M VI G

MORALS MUST NOT BE OVERLOOKED!

Morals and Ethics, are very important aspects of life. They can make, or break our character. In this modern day and age, Morals and Ethics are very frequently overlooked. Morals are as important as education.

Indian history and culture have left so many examples of great leaders from whom we can acquire so much knowledge of thought. The discipline of Arjuna, the dedication of Karna to name a few. Even in our modern-day world, there are examples of legends.

By following morals and practicing proper discipline, it is ourselves that we please. It gives you a feeling of peace, and the conscience in you flourishes. APJ Abdul Kalam once told the world the secret to global peace. His wise words were "Where there is righteousness in the heart, there is beauty in the character. When there is beauty in the character, there is harmony in the home. When there is harmony in the home, there is order in the nation. When there is order in the nation, there is peace in the world."

Keep in mind, all of this happens only when we, as an individual have the right virtues. We blame politicians for wars and disruptions, but if we want true change, we should start with ourselves. As future global citizens, it is our duty to have good morals embedded in us for a better future for everyone.

-Shrujana Kharsan VIII A

IMPORTANCE OF READING

My teachers and parents always encourage me to read good books because reading is a healthy habit. We should always read good books and newspapers. We can learn new words by reading books and newspapers. That is why apart from my textbooks, I read many story books also.

I have read books by Sudha Murthy; her way of storytelling is really very sweet. I have read Mulla Naseeruddin also. He is so witty. I love stories of Birbal as well. He is very witty too. I love reading the story of King Harishchandra; I have read it many times. I am amazed by his truthfulness. I love reading fairytales very much. I imagine many things when I read and listen to stories.

One day my dad was telling me a story of a rainbow that could talk like us, I imagined a folk of yellow birds came to meet me, and we all were hopping through that rainbow. I love reading the books given by our school library. When I read something at home, and I get a new word, I ask my parents the meaning of that word; in school, I ask my teachers. My mom always tells me that if we have any doubts, we shouldn't be afraid to ask because asking means we are eager to learn. Indeed there is no better friend than a book. I want to read books and more books throughout my life.

Akshayani Sengupta IA

I AM A HAPPY AKSHARITE!

Greetings Aksharoma readers. I hope you're doing well and healthy...So as an Aksharite being present in the happenings I've noticed the hard work, efforts, and amount of time the teachers are spending for all the different events like Annual Day, Sports events, Exam preps, and their own work too. It's difficult for the school staff to manage everything at once right now as so much going on and the teachers and the school prefects and house captains have been trying their best to put everything all together.

Now being an Aksharite we need to understand and appreciate the efforts the school is putting into our entertainment, our values, and our memories, to just not hear it all but also help them out, obey their words show your gratitude, and your integrity. It's just about a bit of effort and respect you need to show and not much just:

- 1) Complete your work on time.
- 2) Help them learn, develop, and grow.
- 3) Wish the teachers while passing by.
- 4) Be honest.

Be a team and obey each other and understand.

Just these steps and efforts will make your teacher's day happy and help them manage the hustle they are handling. If we all students and teachers become one as an Aksharite and help each other grow and learn then we can successfully manage everything.

By showing you believe they can do more, they probably will.

SUPER HERO JOB TO REMOVE BEGGARY® INDIA

Job Details

Salary: No physical or monetary compensation but High Self-satisfaction on being a positive change maker and transforming the world into a more livable place. (Bonus: People love)

Job Type: Full-time service Location: INDIA

Qualifications: Empathy, Common Sense, Diplomacy, Selflessness, Learner, Love for Everyone, Unprejudiced, Equality, High Emotional Quotient, Mental Strength, Individualistic as well as Group Player, Leadership, Humility

Note: Even a physically weak, scarred, or disabled person can work as a superhero if they have the above listed qualities.

Full Job Description:

The foremost task of a superhero is to spread love and acceptance for every beggar irrespective of their gender, age, ethnicity, religious affinity, disease and disability, and gender identity. The beggars need to be rehabilitated to become a part of the prestigious and valuable population of the country, who can contribute to the country's growth and development.

The tasks include

- Identifying each beggar's background: As per a minister's statement, India has approximately 413,670 beggars. You need to look into the background of each of them to see what forced them into beggary and eliminate those causes to relieve them of their lives of living on alms.
- Building a child-safe society: Children are the worst victims of beggary and are often sold or borrowed to provide greater credibility to beggars. As a superhero, you need to create a child-safe world, where every kid feels protected and cared for. You can achieve this task by creating vigilant communities, strengthening law and order, and educating people that instead of giving money to the kids, they can get to know the kids personally and take time to understand their background and check for any symptoms of physical abuse. If any beggar child is found to be drugged or abused then it must be given immediate help by notifying police and medical authorities.
- Empowering beggars: As a superhero, you need to empower every beggar in your community by encouraging and enrolling them in skill development program. It will allow them to live independently and work as a societal asset.
- Positive behaviour change: You need to be an advocate for positive behaviour change in the system. Although there are underworld beggar mafias, encourage a replacement of punishment with corrective behavioural treatments. Even the most hardened criminal has some positive quality. Nurture this positiveness in people so that it grows and embraces every personality aspect and eliminates the darkness. However, if the criminal looks too far-gone to change, then don't hesitate in pushing them behind bars with the help of the police force.
- Save people's lives: A superhero does not hesitate in sacrificing their lives to save someone else's. As a superhero, you need to be brave and have the courage to help a human being trapped in a life-threatening situation. However, you do not put yourself in the path of danger if there is an alternate path available.
- Create more superheroes: Lastly, you would need to create more superheroes like yourself so that the world becomes a safer, more beautiful place.

Training

Anyone fulfilling the criteria of a superhero would be immediately hired and after initial training would be proclaimed a superhero and assigned tasks to fulfill their responsibilities. The six-month training would ensure that an individual becomes the best version of themselves. They would be taught emotional control so that they remain calm even in high-stress situations

-Saloni Sinha VIII B

MY JOURNEY TO EUROPE

Switzerland is like heaven on Earth! I got an opportunity to visit this beautiful country! We started our trip from Milan in Italy, following the scenic route to Zurich, witnessing the mountainous Fir Trees and the breathtaking Lake Como on our way. The Rhine Falls at Zurich is famous for its ravenous flow of water connecting Germany to Switzerland via the Rhine River. From there, we took a short break at Trummelbach falls at Lauterbrunnen, which is the only glacial fall inside a rocky cave accessible via trolleys and stairs. From Engelberg, our ride up to Mount Titlis was via cable cars in very foggy conditions. We also enjoyed the Movenpick ice cream and snowballing at Titlis. We bought gourmet cheese from the Old Monk's Cheese Factory at Engelberg. Next, at Luzerne, we went on a musical Cruise on Lake Luzerne in freezing temperatures! We continued exploring the city on foot while shopping for souvenirs and delicious chocolates! Interlaken is a Bollywood hotspot due to the filming of Yash Chopra movies. To honour this great director, the Govt of Switzerland has a statue of Yash Chopra at the Kurssaal Garden here. Midway through our journey, we reached the topmost peak of Europe Jungfrau, which is the highest glacier in Europe accessible via Railroads. There are several restaurants and bars, multimedia exhibitions, a post office, and a research station with a spectacular view of the Glacier at an elevation of over 10,000 feet.

At the Swiss capital Bern where we skimmed past all embassies of the world and explored the old city. Bern takes its name from Bears hence you can also see white bears in open Zoos. The old city of Bern houses the Swiss Parliament and other historical places from the Dark ages. Einstein's parents' House is also situated in the old bustling city with many cathedrals. Next, at Villars, we stayed at the Eurotel ski resort, famous for filming Bond movies and famous for Callier's Chocolate factory, which is a subsidiary of Nestle International. From Villars, we visited the Chaplin House, the erstwhile official residence of Charlie Chaplin, housing his personal and theatre memorabilia.

The next destination was Geneva where we saw the UN headquarters and the famous "Broken Chair" which is significant due to the worldwide protests for the underground Mine bombs left unattended after the major wars fought in the last century. Lake Geneva has a water pumping attraction known as Jet d'Eau, which streams water to an altitude of 140 meters easily visible from space.

We visited the Black Forest in Germany, which derives its name from the dark-looking Spruce and Fir Trees growing here as Sun barely reaches inside the thick foliage. The black forest village is famous for its timeless German wooden cuckoo clocks!

After enjoying these spoils of Europe, we headed home with cherishing memories for life!

-Kavya Karir VIII D



MY BREATHTAKING EXPERIENCE AT IMAGICA

The student of classes 6th-10th went to a action-packed amusement park known as Imagica located in the village of Khopoli which is approximately 70-80 kilometres from Pune. We went to Imagica by bus.

It was my first time going somewhere far away with my best friends so it was a very different environment. When we reached, I was in awe, watching the roller coaster nitro going up and down and people screaming as if it was the end of their lives. After we entered Imagica, we had breakfast and then the teachers gave us the permission to explore the place. It was like letting lions out of the cages. My friends and I first went to Nitro; the most dangerous roller coaster in Imagica and widely popular too. The ride was for about 30 second but it filled me with joy. The roller coaster gave me a feeling that its life, you have ups and downs, some shaky and some wacky days, but you have to keep going to reach your destination.

Next ride was a similar roller coaster; Deep Space. It was thrilling as it had 3D planet models hanging and was dark everywhere else. I had faced my fears when some students of 9th grade declared that Deep Space is way scarier than Nitro.

The next ride that I wished to go was the scream machine. When I was in the line to board the scream machine, I saw what height it touched and I had a dilemma of whether to go or not.

Finally I decided to face my fears and went on the scream machine and we screamed and screamed

making ears deaf. I did most of all the rides and I didn't realise where time passed by. It was evening and by the time I realised, we were walking towards our bus and returning to school.

My overall experience was breath-taking. I thank the school staff for organising such a trip and creating beautiful memories with friends and teachers.



-Sharvari Bakshi VIII - C

IMAGICA PICNIC

>"LEADERSHIP AND LEARNING"

Leadership and Learning are indispensable to each other. We stand poised on the threshold of change in the world of education. Hence, it is very important for us to adjust the sails to face the winds of change. This year being an unusual year, it was enthralling to see how, in spite of the transition from online to offline, the students of the secondary section succeeded in redefining educational boundaries and bridged not only the learning gap but also conducted co-curricular and extracurricular activities in the offline mode.

In spite of several hurdles and the challenge faced by the students and teachers, the teachers successfully integrated various activities in their teaching-learning styles to have higher retention for students. We, in the secondary section, believe in imparting the wings of freedom and roots of responsibility amongst the students by introducing the roles of leadership in the student council. We were able to see students taking oath in investiture ceremonies, guiding the younger students to their buses, and being volunteers for various sports and co-scholastic activities. The students here are equipped with the knowledge, confidence, and competence to attain a sense of fulfillment and understanding through various internal assessments and class assemblies. Through wish well, we celebrated their journey of growth and wished them for their future endeavors.



Ms. Vidya Pillai Secondary Incharge





















Best Makeup & walk











EXPLORE THE LEADER IN YOU!

Two years back when I was playing with my friends in the garden, my father came and asked me to get ready to attend a meeting. It was a Gavel Club online meeting. I joined as a guest. I came to know that Gavel club is a part of Toastmaster International club where leaders are made. Gavel's club is for children under the age of 18 years. Once you are a member of the Gavel club, you earn the title of 'Gavelier'.

In the meeting I saw kids taking up roles and giving speech. After that they had an impromptu session called Table Topic. It was a fun filled meeting. I kept attending a few more meetings as a guest. After almost a month, I took the membership and became a part of this international club. In the beginning I was a nervous speaker. I stammered during my first project. The club was very supportive and encouraged me with constructive feedback. After two months I mustered up all my courage and gave my next speech. My eyes bulged out when I came to know that I was the best speaker for that day. We have meetings every Saturday. Another highlight of the meeting is Table Topic session, evaluation, and other entertainments like quiz and fact master. This club built so much confidence in me that now I am a part of the Executive Committee. I am no more nervous. I would love to have a Gavel club in Akshara International school where many of my friends can also become members to explore the leader in you.

Kurian V Vattathara IV-B

STUDENTS COUNCIL 2022-23













GOLDEN SERGEANT

MANSAVI BALWATKAR

ONCE A CADET ALWAYS A CADET

I am proud to be GOLDEN SERGEANT, Manasvi Balwatkar!!

My feelings demonstrate pride, honour and an elated sense of being an Indian as I share my experiences being a cadet at Republic Day camp. RDC was not just a camp, it was nothing short of PURE MAGIC!!!! I attended seven camps to get selected, and each level was more challenging than the one before. All these 7 camps were held at the NCC headquarters at Senapati Bapat road, Pune.

A grueling routine lay ahead of us in the camps. Our day began at 5 in the morning with a rigorous routine of sit ups, pushups and much more A healthy breakfast awaited us at 7.0 am but if u reach at 7.01 am- No breakfast was given to you.

The first Lesson of punctuality learnt in a rather hard way! Then we started with our cultural practice followed by lunch which had to be to eaten within 20 mins. We used to rest till 3:30 and again, we had our practice till 6:47 and then dinner at 7pm and, and then off to bed at 9pm.

Learnt my second lesson - Use time wisely, there is no time to waste.

After each camp, some cadets were eliminated, and I slowly began to lose friends I had made there. When my friends got eliminated, it bothered me. I would tell my self- Be strong and look towards your goal.

Slowly the 7th camp got over, and Maharashtra had their team of cadets, all set to board their flight to Delhi, and I was one of them! Going to Delhi in December is not a great idea because of the freezing weather there. But again, Hum Maratha Hai, we will get used to!

In Delhi we had to compete with 16 other Directorates so head was to be kept firmly on the shoulders! Soon after, our competitions started. There was a cultural competition we had to represent our state through Dance. I had the rare opportunity to perform in the presence of our Honourable Prime Minister, Mr Narender Modi ji. The music, the attires, the colors of the dances were mesmerizing.

My next lesson- Culture of India makes us unique and strong. What an experience!

I must add here, Maharashtra Directorate received the banner from our Honourable Prime Minister & won the champion directorate this year, winning 9 trophies in various categories.

There were times when the circumstances were tough in the camp as it would be in Life but I come home triumphant and firm in my conviction -

"NEVER EVER QUIT AT ANY MOMENT IN YOUR LIFE, WHATEVER THE CIRCUMSTANCES ARE. ALL YOU NEED TO DO IS FACE IT, GIVE BACK TO IT SO HARD THAT IT FEARS TO COME BACK TO YOU".

Proud RD cadet Jai Hind!



WITH HONOURABLE PRIME MINISTER MR. NARENDRA MODI



WITH HON CM MAHARASHTRA MR. EKNATH SHINDE



Book से हटकर Facebook से जुड़ने लगे है शरीर में KG बढ़ाकर Instagram में नुस्खे ढूँढ़ने लगे मनोबल down है और whatsapp करने लगे !

इंटरनेट से दुनिया जुड़ रही थी पर इन सोशल नेटवर्किंग साइट्स ने समाज को बिखेर दिया | गेहूं के साथ घुन भी पिस गया | Networking एक तंत्र व्यवस्था है जिससे computer प्रणाली तो जुड़ सकती हैं पर इंसानी रिश्तो का आधार नहीं बन सकता | आज के देवदास को शराब और बोतल की जरूरत नहीं है बिल्क फोन और नेटवर्किंग साइट्स ही काफी है | तब जुदा होकर सो नहीं पाते थे अब ना मिलने की ना खुशी और ना बिछड़ने का गम | बस इतना ही अपनापन होता है इन नेटवर्किंग साइट्स पर | औरों का रहन-सहन देखकर कुछ लोग निराश हो जाते हैं और हमें परखने का वक्त तो मिलता नहीं इसलिए हम हर चमकती चीज को हीरा समझ लेते हैं | उसने तो Rolex सिर्फ DP मैं ही पहना है | नकली Profile से मोहित होकर जब कोई ऑनलाइन मित्र बनाता है तू बस यही गाना याद आता है Gumnam hai koi, badnaam hai koi, kisko samjhe apna, benaam hai koi डार्क वेब और साइबर बुलिंग भी इनसाइट की ही देन है | क्या इससे बच्चों की ज़िंदगियाँ बरबाद नहीं हो रही??

न जाने यह कौन सी नेटवर्किंग का दौर है| इंसान खामोश है और Online शोर है ।

इन sites पर किसी की निजी जानकारी का गलत उपयोग किए जाने पर उस पर जो बीती है यह तो वही जानता है| kya hua, kab hua, kaise hua, यह कोई नहीं जान पाता पर टूटे हुए खिलौने पर सिर्फ शिकवा ही हो पाता है | इन साइट्स पर गुस्सा और दुश्मनी निकालने का आसान तरीका है किसी को अनफ्रेंड कर देना | ना चिट्ठी ना संदेश ना जाने चले गए तुम कौन से देश, लगाकर unlike बटन की ठेस इन साइट्स के जरिए सामाजिक मुद्दे उठाए तो जा सकते हैं पर क्या प्रभावशाली योगदान दिया जा रहा है? किसान आंदोलन इसका एक उदाहरण है | लॉकडाउन के दौरान इन नेटवर्किंग साइट ने हमें सूचनाएं तो दी परंतु जो डर पैदा हुआ उसने हमारा मनोबल भी तोड़ा

यह Networking Sites दवा से ज्यादा दर्द देती है सुनवाई से पहले सजा देती है मौत के सन्नाटे को भी likes का शोर देती है हमारी खामोशी का मजाक तो बेवजह उडा देती है

अगर यह साइट इतनी अच्छी है तो हमारी सरकार इन पर इतनी रोक पाबंदियां लगाने पर क्यों मजबूर हो रही है.



स्वस्थ शरीर

"स्वस्थ शरीर में ही स्वस्थ मस्तिष्क का निवास होता है।" यह उक्ति बिल्कुल सत्य है, क्योंकि यदि हमारा शरीर ही स्वस्थ नहीं है, तो हमारा मस्तिष्क स्वस्थ कैसे रह सकता है। संपूर्ण शरीर को स्वस्थ और पुष्ट बनाने के लिए नियमित दिनचर्या का होना आवश्यक है। किसी ने ठीक ही कहा है कि "स्वास्थ्य ही धन है"।

शरीर स्वस्थ रहे, इसके लिए यह परमावश्यक है कि भोजन पौष्टिक व संतुलित हो अर्थात् भोजन में हरी पत्तेदार सब्जियाँ, फल, दूध, दही आदि अवश्य हों। चिप्स, पिज्जा, बर्गर आदि शरीर को ताकत नहीं देते, बल्कि उसे अंदर से खोखला बना देते हैं, शरीर बीमारियों का घर बन जाता है, पढ़ाई में मन नहीं लगता तथा शरीर में आलस भर जाता है। आज-कल बच्चों में इन्हीं खाद्य पदार्थों के कारण मोटापा और आँखों की बीमारियाँ आदि आम दिखाई देती हैं। इन सबसे बचने के लिए नियमित रूप से पौष्टिक भोजन लेना चाहिए।

पौष्टिक भोजन के साथ-साथ नियमित व्यायाम भी शरीर को पुष्ट बनाता है। प्रातःकालीन सैर से शरीर में नई ताजगी आती है और शुद्ध वायु में साँस लेने से मस्तिष्क भी तरो-ताजा हो जाता है। यदि हम योगाभ्यास करें, तो शरीर को अनेक असाध्य रोगों से बचा सकते हैं और दीर्घायु प्राप्त कर सकते हैं। प्राचीन काल में ऋषि-मुनि योगाभ्यास द्वारा स्वस्थ शरीर व लंबी आयु को प्राप्त करते थे।

पौष्टिक भोजन तथा व्यायाम के साथ-साथ नियमित दिनचर्या का होना भी अत्यंत आवश्यक है। प्रतिदिन सुबह के समय जल्दी उठने तथा रात को जल्दी सोने, समय पर भोजन, अध्ययन, व्यायाम तथा विश्राम करने व खेल-कूद से अवश्य ही निरोगी काया की प्राप्ति होगी। शरीर स्वस्थ रहे, तो मस्तिष्क भी चुस्त व स्वस्थ रहता है। स्वस्थ बालक पढ़ाई में सदैव आगे रहते हैं, बुद्धिमान होते हैं और पढ़ाई से जी नहीं चुराते।

सदैव याद रखें—'पहला सुख निरोगी काया।' यदि आपका शरीर स्वस्थ है, तो आपके पास संसार की सबसे बड़ी दौलत है। आपको डॉक्टर के चक्कर नहीं लगाने पड़ेंगे। आप कोई भी काम सरलता से कर सकेंगे। इसलिए आज-कल के बच्चों के लिए आवश्यक है कि वे 'जंक फूड' को छोड़कर पौष्टिक भोजन करें, व्यायाम करें तथा स्वस्थ जीवन बिताएँ, क्योंकि 'स्वास्थ्य गया, तो मानो सब कुछ चला गया'।

शांतनु विसपुते दसवीं -अ

व्यायाम की आवश्यकता

हमारी संस्कृति में मानव जीवन के चार उद्देश्य बताए गए हैं-धर्म, अर्थ, काम एवं मोक्ष। जीवन के इन उद्देश्यों को स्वस्थ शरीर द्वारा ही प्राप्त किया जा सकता है। जब व्यक्ति स्वयं सुखी एवं संतुष्ट होता है तो दूसरों को भी सुखी बनाने का प्रयास करता है तथा समाज एवं राष्ट्र के लिए कुछ कर पाने में समर्थ होता है। इसीलिए अच्छे स्वास्थ्य को महावरदान कहा गया है। जो व्यक्ति अच्छे स्वास्थ्य के महत्त्व की उपेक्षा कर देता है, वह मानो अपने सभी सुखों की उपेक्षा कर रहा है। दुर्बल रोगी तथा अशक्त मनुष्य न तो स्वयं की, न अपने परिवार की, न समाज की, न अपने राष्ट्र की और न ही मानवता की सेवा कर सकता है। इसीलिए शरीर को पुष्ट, चुस्त एवं बलिष्ठ बनाए रखना परमावश्यक है।

एवरेस्ट की चोटी पर चढ़ना, पानी की धारा के प्रवाह के विरुद्ध नौका खेना, सीमाओं की रक्षा के लिए विषम परिस्थितियों में डटे रहना-क्या ये सब काम दुर्बल तथा अस्वस्थ व्यक्ति कर सकते हैं? चंद्र लोक की यात्रा करना अस्वस्थ व्यक्ति का काम नहीं। अस्वस्थ व्यक्ति घर बैठे अपनी दुर्बलता और असमर्थता पर नौ-नौ आँसू बहाया करते हैं। प्रायः देखा गया है कि दुर्बल और अशक्त व्यक्ति निराशावादी और भाग्यवादी बन जाया करते हैं।

अच्छा स्वास्थ्य बनाए रखने के लिए व्यायाम अत्यंत आवश्यक है। व्यायाम और स्वास्थ्य का चोली- -दामन का साथ है। व्यायाम आदि से न केवल शरीर ही पुष्ट होता है अपितु मानसिक रूप से भी व्यक्ति स्वस्थ्य रहता है। व्यायाम करने से आलस्य कोसों दूर भागता है। अच्छे स्वास्थ्य के लिए अनेक प्रकार के व्यायाम हो सकते हैं-सैर करना, दौड़ना, दंड बैठक करना, खेल-कूद, तैराकी, घुड़सवारी, योगासन आदि प्रमुख हैं। इन व्यायामों का चुनाव अपनी आयु, शारीरिक क्षमता आदि को ध्यान में रखकर सोच-समझकर करना चाहिए। बड़ी आयु वालों के लिए सैर करना तथा योगासन उत्तम व्यायाम है।

व्यायाम से शरीर की माँस-पेशियाँ सुदृढ़ होती हैं, रक्त संचार बढ़ता है तथा शरीर चुस्त, फुर्तीला और गितशील रहता है। व्यायाम करने वाले लोगों के शरीर में रोगों से लड़ने की क्षमता का विकास होता है तथा बुढ़ापा उन पर शीघ्र आक्रमण नहीं करता। नीरोग व्यक्ति प्रसन्नचित्त, हँसमुख तथा उल्लिसत रहता है जिसके कारण उसके व्यवहार में माधुर्य तथा नम्रता स्वतः आ जाती है।

परीक्षा का मन पर प्रभाव और उसके समाधान

बचपनका समय हर- व्यक्ति के लिए सुनहरा समय होता है। इसमें हमे न कोई तनाव नहीं होता और मन की आज़ादी की कोई सीमा ही नहीं होती। अनेक मित्र होते हैं, अनेक यादें बनती है और समय के बीतने का कोई ठिकाना नहीं होता। परंतु इस समय सुनहरे समय को बदल कर रखने वाली होती है- परीक्षाएँ।

परीक्षाएं जितना महत्व रखती है, उन्हें उतना ही नापंसद किया जाता है। परीक्षा के कुछ हफ़्ते पहले पढ़ना शुरू करना एवं खेल का समय पढ़ाई के लिए अर्पित कर देना छात्रों के लिए मुश्किल हो जाता है।

आज के समय में छोटी से छोटी परीक्षा को महत्व दिया जाता है। परंतु छात्र के जीवन का पहला बड़ा पड़ाव होता है, दसवीं की बोर्ड की परीक्षा। दसवीं में मिले अंको को देखकर अच्छे-अच्छे महाविद्यालयों में प्रवेश मिलता है। इन चीजों को ध्यान मे रखते हुए बच्चों को परीक्षा में अच्छे अंक लाने के लिए प्रोत्साहित किया जाता है। परंतु धीरे-धीरे यही प्रोत्साहन मन पर प्रभाव करने लगता है। मन की बीमारी की वजह से युवा गलत कदम उठाते हैं।

यह तनाव अच्छा और बुरा, दोनों काम करता है। जहाँ ये छात्र को अपनी हदें तोड़कर कष्ट करने को ढकेलती हैं, वही इसकी वजह से परीक्षा के प्रति डर का दबाव भी निर्माण होता है। परंतु इस तनाव से बचने के अनेक उपाय है। मैं एक छात्र हूं इसलिए यह तरीके आजमाता हूं।

- -पूरे वर्ष की पढाई अंत तक न बचाए रखना।
- -परीक्षा के प्रति निडर स्वभाव रखना और स्वयं को प्रोत्साहित करना।
- -प्राप्त हुए अंको से निराश न होकर उनसे सीख लेना।
- -स्वयं के लिए एक लक्ष्य निश्चित कर रोज

उस लक्ष्य की ओर बढ़ना।

मानस जोशी दसवीं ब

संघर्ष ही जीवन

संसार में एक बड़ी विचित्रता देखते हैं। प्रायः जितने बड़े आदमी हुए हैं, वे सभी निर्धन कुल में जन्मे हैं। निर्धनता को लोग अभिशाप समझते हैं किंतु संसार का इतिहास इस धारणा को भ्रामक सिद्ध करता है। आवश्यकता आविष्कार की जननी है, निर्धनता आवश्यकता की जननी है। दूसरे शब्दों में यों किहए कि निर्धनता से आवश्यकता की उत्पत्ति हुई और आवश्यकता पड़ने पर आविष्कार करने की इच्छा होती है। यों निर्धनता आविष्कार की मातामही हुई।

निर्धनता लोगों को परिश्रम करने का, परिस्थिति से लड़ने का, कर्म क्षेत्र में अपनी योग्यता दिखाने का मौका देती। है। जो वीर, साहसी हैं, उद्योगी और कर्मशील हैं, उनके लिए निर्धनता आशीर्वाद है; किंतु जो आलसी हैं, कायर हैं, काम से दिल चुराने वाले हैं, उनके लिए निर्धनता अभिशाप है- दुर्वासा प्रदत्त अमिट अभिशाप, जो उन्हें जीते-जी भस्म करती रहती है। संसार प्रसिद्ध वीर नेपोलियन का जन्म एक गरीब मोची के घर में हुआ था। रेल का आविष्कार करने वाला 'जेम्सवाट' एक गड़िरये का बच्चा था। वाशिंगटन एक ऐसी गरीब हब्शी स्त्री की संतान था, जो पशु के समान गुलामी की जिंदगी बिताती थी। लिंकन साधारण मजदूर के घर जन्मा था। धन कुबेर कारनेगी निर्धनता की गोद में ही पला था। अपने देश के छ.शिवाजी, छत्रसाल एवं रणजीत सिंह आदि के जीवन पर एक दृष्टि डालिए। इन लोगों ने जो विशाल राज्य स्थापित किए थे, वह कठिन परिस्थिति में रहकर, कर्मक्षेत्र में असुविधा और अड़चनों से ज़बरदस्त लड़ाई लड़कर।

आरुष बगाडिया दसवीं अ

संवादातून मन स्वास्थ्याकडे

'संवाद' हा शब्द आपण सर्रासपणे वापरतो संवाद या शब्दाला इंग्रजीत communication तर मराठीत भाषण, संभाषण हे शब्द वापरले जातात. संवाद हा शाब्दिक- लेखी, तोंडी खाणाखुणांच्या आधारे केलेला दिसतो. जे लोक अंध असतात, ते स्पर्शातून संवाद साधताना दिसतात. जे लोक मूकबिधर असतात ते खाणाखुणांच्या किंवा हावभावांच्याआधारे संवाद साधताना दिसतात, तर सर्वसामान्य लोक भाषेच्या आधारे लेखी- तोंडी संवाद साधताना दिसतात. संवादाचे महत्त्व प्रसिद्ध लेखिका शांता शेळके यांनी एका लेखात व्यक्त केले. पूर्वी लोक परगावी असणाऱ्या लोकांशी संवाद साधण्यासाठी चिठ्ठीचा वापर करत. त्यासाठी पक्षांची माणसांची मदत घेतली जाई.

संवाद साधण्यासाठी दोन किंवा त्यापेक्षा अधिक व्यक्तींची आवश्यकता असते. नाटक संवादातूनच पुढे जाते. संवाद अलिकडच्या काळात संवाद मोबाईलच्याद्वारे साधलेला दिसतो,त्यासाठी mail account, FB, whats app चा वापर केलेला दिसतो. माणूस संवाद साधण्यासाठी जितक्या प्रमाणात या वेगवेगळ्या साधनांद्वारे संवाद होतो, तितका व्यक्ती समोरासमोर आल्यावर संवाद होताना दिसत नाही. म्हणूनच माणूस जितका टेक्नोसॅव्ही झाला आहे, तितकाच तो लोकांपासून दूरही चालला आहे.

संवाद अधिकाधिक करण्यासाठी माणसाने स्वतःच्या मनाची कवाडे उघडी करायला हवीत. एक वेळ घराची दारे बंद ठेवली तरी चालतील, पण मनाची दारे कायम उघडी ठेवायला हवीत.त्यामुळे

"संवाद फुलेल त्यातून माणूस खुलेल"

संवादाने माणसाचे मानसिक आरोग्य संतुलित राहते. आज अनेकांना मानसिक आरोग्यासाठी किंवा निराशेसाठी मानसोपचारतज्ज्ञाची मदत घ्यावी लागते. हे मानसोपचारतज्ज्ञ समोरच्या रुग्णाला जास्तीत जास्त बोलतं करण्यासाठी संवाद साधताना, संभाषण करताना दिसतात. ही संवादाची कला ज्याला जमते ती व्यक्ती नेहमी स्वतःबरोबर आजूबाजूच्या लोकांचे मानसिक स्वास्थ्य जपते.

" शब्देविण संवादिजे, अमृतातेही पैजा जिंके ऐसी अक्षरे, मेळविण"

'ज्ञानेश्वरी' मध्ये संत ज्ञानेश्वरांना असाच संवाद अपेक्षित आहे. आध्यात्मिक पातळीवर स्वामी समर्थ, गजानन महाराज, साईबाबा यासारख्या महानविभूतींना शब्दांची, भाषेची गरज न पडता भक्तांच्या मनातील विचार, भावना त्यांच्यापर्यंत पोहोचत. अशा पद्धतीचा संवाद सर्वसामान्यांना शक्य नसला, तरी आपण समोरच्या व्यक्तीचा चेहरा निश्चितच वाचू शकतो, चेहऱ्यावरील हावभावावरून त्या व्यक्तीच्या मनाचा ठाव आपण नक्कीच घेऊ शकतो.

राष्ट्रीय शैक्षणिक धोरण २०२० अन्वये संवाद/ भाषण या मूलभूत कौशल्यावर भर देण्यात आला आहे. शिक्षकाच्या दृष्टीने संवाद खूप आवश्यक आहे. शिक्षकांचा संवाद विद्यार्थी, पालक, शिक्षक- शिक्षकेतर कर्मचारी, प्रशासन या सर्वांशी होतो. शिक्षक - विद्यार्थी यांच्यातील संवाद हा जितका मैत्रीपूर्ण, सौहार्द असेल, तितका विद्यार्थी-शिक्षक यांचा विकास पटकन होण्यास मदत मिळते. शिक्षक- पालक संवादामुळे विद्यार्थ्यांच्या विकासातील अडचणी सोडवण्यास मदत होते आणि शिक्षक, विद्यार्थी, पालक, समाज, प्रशासन यातील सुसंवादाने शाळेच्या मानसिक स्वास्थ्यासाठी पूरक वातावरणनिर्मिती झालेली दिसून येते.

वाढवा संवाद, मिटवा तुमच्यातील वाद जपा सर्वांचे मानसिक स्वास्थ्य , त्यासाठी संवाद व्हावा सुयोग्य!

वनस्पती आणि बाग कामाचे भौतिक फायदे



उदाहरणार्थ,खोलीत फक्त एक वनस्पती जोडून तुम्ही हवा शुद्ध करण्यात आणि वातावरणात शांतता आणण्यास मदत करू शकता.

२) हवेची गुणवत्ता वाढवते

कोणत्याही कार्यालयात, वर्गात किंवा घरात घरातील झाडे सुंदर दिसतात आणि ते हवा स्वच्छ ठेवण्यास देखील मदत करतात.



"जल, हवा आणि माती प्रदूषण" मध्ये प्रकाशित झालेल्या लेखानुसार, बहुतेक शहरी रहिवासी त्यांचा वेळ घरामध्ये घालवतात, जेथे वायू प्रदूषण घराबाहेरच्या तुलनेत कित्येक पटीने जास्त असू शकते. घरातील वायू प्रदूषणामुळे सिक बिल्डींग सिंड्रोम होऊ शकतो, ज्यामध्ये डोकेदुखी, चक्कर येणे, एकाग्रता कमी होणे आणि घशात जळजळ होणे यासारख्या लक्षणांचा समावेश होतो. शास्त्रज्ञांनी घरातील हवेतील 300 पेक्षा जास्त विषारी पदार्थ ओळखले आहेत ज्यांना अस्थिर सेंद्रिय संयुगे म्हणतात, जे घरातील वनस्पती काढून टाकण्यास मदत करतात.





३) निरोगी खाण्यास प्रोत्साहन देते

मुले आणि पालक त्यांना वाढू इच्छित असलेले अन्न निवडू शकतात आणि त्यांना कीटकनाशकांबद्दल काळजी करण्याची गरज नाही. घरगुती अन्नाची चव चांगली असते आणि ते वाढण्यास आणि कापणीसाठी लागणारा वेळ आणि मेहनत यामुळे ते अधिक आकर्षक असते. मुले चवदार चेरी टोमॅटो, मुळा आणि चवदार औषधी वनस्पती - हळदी, पुदीना सहजपणे वाढवू शकतात. एखादे मूल जे वाढले ते खायला कदाचित उत्तेजित होईल.

वनस्पती आणि बाग कामाचे मानसशास्त्रीय फायदे

निरोगीपणाची भावना राखण्यासाठी निसर्गाशी संवाद साधणे आवश्यक आहे. बागकाम आणि वनस्पतींभोवती वेळ घालवण्याद्वारे, व्यक्ती विविध प्रकारचे मानसिक फायदे मिळवू शकतात. घरातील झाडे आणि बाग कामाचे काही मानसिक आरोग्य फायदे आहेत. रिकामा वेळ सत्कारणी लागून त्याचे समाधानही मिळते. तणाव आणि चिंता दूर करते.

श्रावणी बालवडकर ,इयत्ता ८वी ड

मानसिक आरोग्य आणि शारीरिक आरोग्य

मानसिक आरोग्य आणि शारीरिक आरोग्य, हे दोन्ही इतके वेगळे विषय आहेत, तरीही ते बऱ्याच मुद्द्यांमुळे एकमेकांशी जोडलेले आहेत . तुमचे शारीरिक आरोग्य चांगले असेल तर तुम्ही मनाचे खंबीर आणि मजबूत असता, पण जर शारीरिक आरोग्य नसेल तर आपण मानसिक तणावात येतो. त्याचप्रमाणे, उत्तम मानसिक आरोग्य शारीरिक दृष्ट्या प्रेरणा देतं. मानसिक व शारीरिक आरोग्य व एक निरोगी जीवनशैली कशी जगायची हे एका गोष्टीच्या माध्यमातून आपण पाहुयात.

आकाश आणि संदीप हे दोघे खूप चांगले मित्र होते. दोघे एकाच शाळेत व एकाच वर्गात होते. अगदी जवळ जवळ राहत असल्यामुळे त्या दोघांची चांगली गट्टी जमली होती. पण चांगली मैत्री असून सुद्धा, दोघांमधल्या कोणालाही दुसऱ्याला निरोगी आयुष्य जगण्यास प्रेरित करता आले नाही. आकाश ला मानसिक आरोग्य नव्हते आणि संदीप शारीरिक दृष्ट्या तंदुरुस्त नव्हता. ह्यांच्यामुळे, दोघांना वाटे कि त्यांच्याकडे निरोगी जीवनशैली साठी लागणारे दोन घटक नाहीच! मानसिक तणावामुळे आकाशला बरेच मिने झाले मित्रांसोबत खेळून. तर दुसरीकडे शारीरिक समस्यांमुळे संदीप सतत दुखी राही. वर शाळेत व घरात दोघांना खूप अटळ समस्या येत. दोन्ही मित्रांची एक मैत्रीण असते, मिनी. त्यांच्या समस्यांमुळे तीच त्रस्त होऊन ती त्या दोघांना त्यांच्या समस्यांवर उपाय देते. आकाशचा मानसिक तणाव दूर होण्यासाठी तिने त्याला ध्यान करायला सांगितले. त्यांचे मानसिक संतुलन टिकून राहावे म्हणून श्वासांचे व्यायाम करायचा उपदेश दिला. छान सुगंधी मेणबत्त्या वापरण्यास सांगितले. त्यांच्या समस्यांबद्दल त्याला बोलण्यासाठी प्रेरित केले. हे सर्व केल्यामुळे त्याच्या मानसिक आरोग्यात खूप सकारात्मक बदल आले व तो खुश राहायला लागला. संदीपला तिने दररोज व्यायाम करायला सांगितले, योगासन करायला सांगितले. त्यांच्या बाकीच्या मित्रांसोबत त्याला अखेरीस खेळायला, पाळायला प्रेरित केले. आता संदीपला खेळणे हे एका दैनंदिन कामासारखे वाटू लागले व त्याला मजा येऊ लागली होती. रोज संध्याकाळी तो मित्रांसोबत खेळायचा.

मिनीच्या या मदतीमुळे आकाश खुश राहायला लागला व मित्रांसोबत खेळायला जायला लागला. मित्रांसोबत मिसळल्या मुले तो अजून खुश व्हायला लागला. संदीप सुद्धा खेळायला लागल्यामुळे अजून खुश व्हायला लागला आणि अधिक काळ समाधानी राहायला लागला. सुरुवातीला बदल कठीण होता पण हळू हळू दोघांना सवय झाली व दोघेही खुश आणि निरोगी होते. म्हणून म्हणतात कि निरोगी मन आणि निरोगी तन माणसाला

पूर्ण करतात.



"A FRESH BEGINNING"

The era of the pandemic has finally come to an end and have successfully completed an entire academic session in offline mode.

The teaching-learning process was planned meticulously by implementing NEP 2020. However, we observed that students' mental

health had been hampered a lot during the pandemic. Students faced difficulties in focusing on academics. We organised different workshops and counseling sessions to help them.

We have introduced clubs like the debate club, Ted Ed club, Young Economists club, Psychology club, and Mass media club, where students indulge in discussions, various activities, presentations, and skill acquisition through communication and collaboration. Digital literacy was enhanced by various activities held throughout the year.

21st-century skill enhancement activities conducted during the session helped students in their holistic development.

Students learned the values needed for their life and have evolved as better individuals.

With all the efforts teachers put in along with the students, I believe our students will give excellent results in the Board Examination 2022-23.

All the best to all the students for all their future endeavors!

Sowjanya Yepuri Senior Secondary Coordinator





















MERAKI Best Makeup & walk











CICE TRATURE

"Where words come alive"

Imagine a space that exists where, as a student, you possess the creative freedom to speak your mind. There are no time or speech barriers, just you and your thoughts coexisting with a bunch of like-minded individuals. It may sound as true as unicorn horns, but Akshara International School is where the impossible doesn't exist. An initiative by the students, for the students, the Literary Club is a subsidiary institution created in school during the Academic Year 2021-22.

The Literary club at Akshara is committed to tap effective communication talent among students and giving wings to their imagination. The club inspires students to develop a taste for literature and also works in the direction of expanding their horizons of spoken and written language in order to attain their intellectual independent thinking skills. Its intricate agenda includes a variety of activities aimed at building up confidence and grooming the talents of students in facing various interpersonal challenges and competitions.

~ Arsheya Kak XIIB President of Club









AKSHARA INTERNATIONAL FILM FESTIVAL

New Arriva

Civilizations have always become richer and more colourful through exchanges and mutual learning from each other especially in the form of film festivals that enable direct exchange and dialogues among civilizations and people.

The mass media students of grades 11 and 12 of Akshara International School had organised a film festival screening about 10 short films. All the films that were showcased featured content to generate awareness on issues which were taboo or have been swept under the carpet by the society. It was an eye opener.

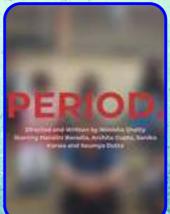
The concluding ceremony had our honorable Director Sir and respected Principal ma'am appreciating the efforts put in by the mass media department and presenting their views on the issues raised. The event was closed by Ms. Akshata, HOD of Mass Media department by proposing her vote of thanks and assured to hold more such events



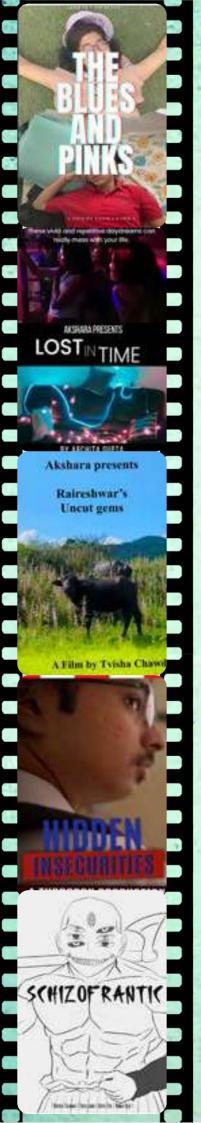












Mass Media Club Change is your medium!

The Mass Media Club, formed back in April, is one of the creative clubs formed that is responsible for the school's social handles and cultural events. Just recently, the club hosted the Akshara International Film Festival- AIFF- the first of its kind in the school.

The Film Festival was held in the auditorium of the school. The films of ten students, all in Class 12, were short-listed. They were selected from a vast array of thirty-eight films created by the mass media students as a part of their portfolio assignment. Two movies apart from the original ten, which could not be screened owing to their dark themes, had their teasers screened to give an idea of the content.

The Mass Media Club is also responsible for much of the heavy work undertaken during Ignite, this academic year's annual sports day, and Rhythm, the musical function. Regular stories and reels, along with posts, for Instagram are made by the members of the Mass Media Club.

Needless to say, the club is a creative hub that is a healthy supplement to the school lives of students. As its first President, I feel proud to have led this club, and to have been there for its foundation.

Maitreya Palamwar, XII-E Club President



PSYCHOSPHERE





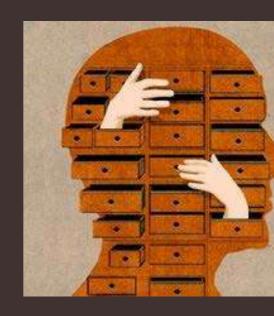






Being the Chairperson of Psychosphere and working alongside students who founded the club with me has been an enriching experience to say the least. We strived to create a difference in the field of Psychology as we took part in national Quiz competitions, curated exhibitions, published newsletters, and conducted workshops and tutoring sessions. I'm beyond honored to have led a group of inspiring budding psychologists as we consolidated our visions and truly left our mark.

Arsheya Kak, XII-B Club Chairperson



TED-ED CLUB



As Joseph wirthlin
has quoted,
"Desire, burning
desire is basic to
achieving
anything beyond
the ordinary", I
hope anyone with
the burning desire
to grow finds
themselves in the
direction by
taking a chance of
making your life
an experience.

The TED Ed club at Akshara was a stepping stone experience for me. True to its motto, it gave us all experiences in entertainment. technology, and design. Be it using the technology to create creative digital content, design marketing plans and with show-stopping come programmes, I am pretty sure that we as a team have learnt a lot in the club. The most important learning was confidence. I have seen the club members grow confident and speak their mind out fearlessly when given the platform.

The TED Ed talks that were held in November was a breakthrough for many of us and we were incredibly happy to know that we could create some difference in the lives of you dear leaders. I hope that the club keeps spreading its wings and give each incoming batch more knowledge than before as this is a once-in lifetime experience.

Kashmira Patil, XII-A Club President







ECONOMICS UNFURLED YOUNG ECONOMIST'S CLUB

Economics is a powerful tool that remixes the economy and one's capability to channelise and earn money.

Aksharites are blessed to be nurtured on this path which plays a crucial role in one's life. Money makes the mere go and understanding how it flows is definitely important and interesting. We wanted people to know about how economics affects us much more than we acknowledge.

The Commerce teachers at Akshara have immensely contributed to the positive development of the minds of Young Economists through their nurturing sessions. The activities conducted through power points and debates helped the students to dive deep into the concepts. It was very thrilling to see how Science students successfully proved to be a part of the Economics club. In the end, it thus proved that Economics is a daily science that needs to be analysed and interpreted carefully.

Coming to the end of this fruitful academic session, we strive towards making a healthy mindset towards Economics for the youngsters. The willpower of the club ensured active participation in every move of its.

UTKARSH MISHRA, XII-E CLUB PRESIDENT

BINARY BRAINS CS-Club

We are glad to welcome you to Binary Brains, Akshara's computer science club managed by students from class XI. As a club, we will explore the digital world and how it applies to our everyday lives and careers in the 21st century. In addition to exposing students to digital technology through fun activities, the club would promote student leadership skills through community outreach events, demonstrations, activities, or competitions. After starting our club at the end of the 2022-23 session, we look forward to many events in the upcoming session, including our mega event, an inter-school hackathon, and other events, such as a seminar on cyber security and bullying, among others. Several seminars will be held by the computer science club, where IT professionals will present on various topics and explain how their fields can be applied to everyday life.

Akshat Barjatiya- XI A Club President

CAREER

BUILDING STRONG FUTURES!

Dear students,

Success is not a one-day game or an overnight task. To be successful we need to sow the right seed, and water it daily and only then can we reap your harvest and enjoy it.

Grade 9 is the most important year in a student's life. During this year, you have

to identify your interests. You need to do a lot of research and explore which stream you would take for your Senior secondary program based on your interests, aptitude, and passion. Identify your passion. Taking guidance from a career counselor in this process is a must.

By the time you reach your 10th grade, you should be clear whether you are inclined to Science or Commerce or Humanities stream.

After you are clear about which stream you want to proceed with, it's time for further research. Note that being thorough with your syllabus in school is not enough to accomplish your goals. You need to learn more; you need to explore more. In this process, remember one thing, you should enjoy what you are doing. You need to spend at least one hour every day to gain that extra knowledge about the subject you have decided to study after the 10th. This 1 hour has to be qualitative learning. Make a journal of whatever you are learning.

By the time you complete grade 10, your road map should be ready. You should be clear about which extra coaching you need for clearing the entrance examination and the extra-curricular activities you would participate in.

In your Grade 11, you should do rigorous research and shortlist at least 10 colleges where you would want to apply for your undergrad program. You should have a thorough knowledge of the admission process of these colleges so that you plan and do all that is needed to be selected for the college you desire to study for the undergrad program.













In your Grade 12, you need to follow a well-disciplined, well-organized, and well-planned approach. You need to set targets day-wise for yourself based on your abilities, skills, and aptitude. You should never compare yourself with others. You should check your performance and see that the slope of your graph is always positive, and slowly and steadily you cross each milestone you have set. You should learn to say no to your friends for any of the wrong deeds and stay focused on your goals.

You should also be conscious that it is not the quantity but the quality of your efforts that matters. Self-study for a minimum of 4 to 5 hours per day consistently with a lot of written practice will help you crack your entrance exam successfully!

How will Akshara help you in this process?

Akshara, a school that instills continuous learning. The senior secondary program at Akshara lives up to its tagline. A highly qualified and experienced teaching fraternity will help you understand the concepts impeccably. They will motivate and push you to stretch your boundaries and will guide you to achieve a little more than your potential. The program is designed in such a way that you are groomed with all the 21st-century skills needed for you to conquer yourself. By being a member of different Clubs like the Debate club, Ted Ed club, Mass media club, IT club, Psychology club, and Economics club, you get so many opportunities to build your profile. The career cell in our school will not just guide you to build your road map but also organize career-based enriching sessions. Various workshops are organized in the school that will empower you with emotional intelligence, character building, and many more soft skills.

Always remember, it's your choice that decides your future.

Choose to be disciplined and passionate now, so that you are ready for your career. So, better make a wise decision today. A decision to be happy with a bright and happy career.

Thank you

Sowjanya Yepuri Senior Secondary Coordinator



UNLEASHING MY INNER POTENTIAL

My story with Akshara began in 6th grade when I joined in as a timid and reserved student. With the right blend of academics and extracurriculars & aided by constant guidance and encouragement of the teachers, I gathered confidence and moved a step further towards unleashing my inner potential. I was the school topper in class X. After some introspection, I proceeded to chose Commerce in XII. It goes without saying that I didn't regret my choice a bit. Adjusting to newer subjects like accountancy and economics was a cakewalk, thanks to the lucid explanations and practical insights. Over my years at Akshara, I've sharpened several skills time management, discipline and self-motivation. With the support of everyone, I passed my 12th board examinations securing Rank 1 in the commerce stream. I cleared my CA Intermediate examination in the 1st attempt with a distinction and exemptions in all 8 subjects. As a part of the curriculum, the CA course has made a 3-year article ship mandatory. For the same, I'll be working at Deloitte (one of the Big4s) in the Statutory Audit department, hoping to implement all the skills and values I've picked along the way with the intention of getting the best exposure possible.

This journey's beginning dates back to 2015 when I stepped into the premises of Akshara International School and a part of me will forever be indebted, so here's a heartfelt thank you for the best 7 years of my life!

- Kaushiki Kargupta Proud Alumni (Batch 2020)



Kaushiki Kargupta

"Goodwill;
earned by deeds,
not words, weighed
by values, not
intangibility;
same for
respect."



"It is better to excel in a mediocre field than to be a mediocre in an excellent field"

These words motivated Sanjeev Kapoor to pursue the career that he did. Having pursued his interests, he not only built an excellent career for himself, but paved way for many budding Chefs who had no proper role model or career path to follow. I went on to study at Symbiosis College of Arts and Commerce and completed my Hotel Management from the Institute of Hotel Management, Mumbai which is one of the best Hospitality schools in the Country. After training at Sayaji, Pune and working at The Gourmet Lab as a Chef, I wanted to enhance my skills in pastry. To fulfill that dream of mine, I went ahead and enrolled myself for Baking and Pastry Arts Management at George Brown College, Toronto which is well renowned for its education in hospitality throughout North America.



So far, working in the Hospitality industry has been very challenging but at the same time very rewarding. The satisfaction that you get from spending time in the kitchen or acquainting your friends and family with new dishes cannot be translated to words. Through this column, I would like to encourage all students at AIS to pursue their interests with full vigor. It might be an undiscovered path, but there is no joy in doing something that you do not enjoy for the rest of your life.

"Keep your love greater than your fear, and you will go on to achieve everything that you want to and much more!

Never shy away from pursuing what you feel is the best for you."



8 ****

Akshara has provided Avni with the best-in-class education and best-in-class teachers who not only support kids in learning but also helped her enhance her EQ, and IQ levels. The school provides both educational and extracurricular programs for the overall development of the child. I am especially grateful to Akshara's Principal Sonali Balwatkar Ma'am for building such a wonderful atmosphere for my daughter at school which promotes her talents to blossom every day. We are thankful to Akshara for their support and for being an integral part of her educational journey.

Smrati Gangodkar

Parent of Avni Chawan

VIII C



interpersonal skills of my son. His journey from being nominated to being a leader has strengthened pillars of honesty, persistence, hard work, and integrity in him. Akshara has given him an opportunity to foster skills like leadership, communication, teamwork, organization, and public speaking. He has become more confident speaking in meetings, proposing original ideas, and working collaboratively with other council members. Council was a great learning experience and provided transferable skills that are sure to help in whatever his post-secondary endeavours may be! I'm extremely thankful to Principal ma'am and his teachers.

Rutuja Rahul Misal Parent of Om Misal IX E

PARENT'S

Testimonials

AIS successfully transitioned from online schooling to physical school
and from ICSE to CBSE, and the credit for the smooth transition is due to
and from ICSE to CBSE, and the credit for the smooth transition is due to
and from ICSE to CBSE, and the credit for the smooth transition is due to
and transition is due to
and take all the world-class
for and teachers. Like all the world-class
for and teachers. Like all the world-class
for principal, Coordinators, and teachers, and gives opportunities for
and teachers, and gives opportunities for
and creating real-life situations
in creating real-life situations
and creating real-life situations
and creating real-life situations
and creating and citizens.

AIS teachers and
and taking responsibility.

AIS teachers in responsibility.

AIS teachers in and taking responsibility.

AIS teachers and citizens.

AIS teacher

25



Stepping to AIS, is the first exposure to the outer world for Rudrayan. Anxiety and fear took the tiny tot into its grip and as a parent leaving my child in teary eyes in the school was a challenge. But the way he was welcomed on the first day to the school brightened up his face. That was the first and last day of my anxiety. It is amazing to see my child expressing and socialising himself coming out of his comfort zone. I would like to extend my heartfelt thanks to the Management, Principal Mam, Coordinator, teachers and the entire team for creating such a wonderful and safe ambience for the children where they love to come and learn with fun.

-Ritayan Poddar Parent of Rudrayan Poddar





We are truly excited to mention that, Akshara International school was a perfect choice for our child. We have full confidence in the academics and curriculum. Children receive a well rounded education that encompasses not only their intellectual well being but also their emotional spiritual and physical development on a personal level. As parents we are continually impressed with the passion and dedication of the entire staff from administrators and teachers to support staff. Post COVID this was the first time my child was entering his academic phase and we must say the teachers have taken full care by following all the COVID appropriate behavior.

- Akshata Desai Parent of Atharva Desai Sr.Kg Lotus



We really want to share some genuine feedback for the teachers of Akshara with Miternational School. I am so thankful to the management for providing with I could see Miternational School. I am so thankful to the management for providing with I could see such wonderful teachers.

I am sure they must have put their genuine efforts because of which, he is loving an sure they must have put their genuine efforts because of which, he is loving skills, conceptual study, he is loved writing skills, conceptual study.

I am sure they must have put their genuine efforts because of which, he is loving skills, conceptual study.

I am sure and hoping we will have same experience in next year.

I am sure and hoping we will have same experience in next year.

I am sure and hoping we will have same of Akshara School.

Thank you so much and glad to be part of Akshara School.

Mayuri Kadam Parent of Vihaan Kadam Jr. Kg

STUDENT'S TESTIMOMIALS



I joined akshara in my 11th and this was the best decision that I made. I opted for humanities and the subjects offered by the school were unique and helpful. Mass media was my most favourite subject that is usually not available in any school but akshara gave me the opportunity to learn new things. I am extremely grateful to all the opportunities I was presented with while being in Akshara. These two years gave me one of a kind experience that I will forever remember. Despite most of my time while being here was virtual I thoroughly cherish my time here.

The teachers are one of the best mentors I met in my life, their never ending efforts and unwavering determination has led me to this level of accomplishment in my life. While online school was difficult and boring for most of the students around the world, The teachers here cooperated well and tried their best to make the learning fun and fruitful. The friends I made while being here, are for a lifetime. Akshara was like a second home to me in which teachers were like my parents and not only taught just the study material but also the moral values and made me a better version of myself. It was hard for me to say goodbye to school, but as it's the rule of nature everything has to end one day, mind this phase also ended. I will never forget all the things and learnings that were given to me in this timespan.

Shreya Bansal (Humanities)

2013 marked the start of my association with Akshara International School. I was always quiet and reserved when I was a young student at Akshara. The faculty at Akshara helped me overcome my concerns and discover my interest in art and music while providing the proper academic direction and support for extracurricular activities. They also led me towards a successful future. Akshara has always strived to highlight talent and value a student's skill set, from sports day to annual concerts. I wasn't one of the students in my class who excelled academically.



//////

My teachers and mentors were incredibly important in my development and continually pushed me to keep going. When I was in the eleventh grade, I made the decision to major in humanities. I've developed an interest in subjects I've never studied before thanks to Akshara. I w as able to hone my talents in filming, editing, time management, and self-care by studying interesting areas like psychology and mass media. today, I am a student at the Unitedworld Institute of Design persuing Bachelors in Design (Global Design Program- Visual Communications) Even now, every time I enter the Akshar grounds, I'm moved by all the wonderful occasions and memories I've shared with my friends and professors. I will never forget helping my art teacher, with banners and decorations at cultural events. I am forever grateful to Akshara for their support. here's a sincere thank you to Akshara.

Shraddha Vaidya (Humanities)

IGNITE

If there is one field of life that teaches us the most valuable lessons about perseverance, patience in fact what constitutes a perfect character, it is sports. Thus, aksharites have always been empowered and encouraged by the school to excel in the dynamic field of sports.

To honour the same, the school organized a gigantic sports cultural fest week from 13th December 2022 to 16th December 2022. The entire week was entirely dedicated to the various sports events and competitions to inculcate the nature of sportsmanship among the students.

The event was graced by the presence of our honourable Director, sir, respected Principal ma'am, coordinators, and parents from each standard.

It was a spectacular event where the students portrayed their proficient skills. They participated in sports like Relay Race, 100m, 200 m Race, Football, and much more. The competitive spirit is reflected in the face of every individual.

Martial arts, Mallakhamb, Mass PT, and March past were some add-ons to enrich and rejuvenate the aura of the day. It was a day when the entire school vibed with the thrilling aura of a true sportsman.

Such sparkling events teach us the most valuable life lesson, which is the importance of participating rather than winning. Some of them realized their true potential, and some of them understood their weak and strong points.

The teachers and parents were extremely pleased by seeing the extraordinary and unbeatable skills of AIS students. The students truly unfurled the AIS flag and set it. They have set top standards for the generations which will pass through AIS.

The events enriched the students by filling each and every vein of theirs with zeal, talent, and a spirit of sportsmanship.

'When the spirit of success unfurls,

The name 'Akshara' trembles in every heart!'























RHYTHM-A MUSICAL HARMONY

To chime the sphere, to charm our soul

To roil the emotion out of the whole

Synch with the notes to create a symphony

Akshara is known for its meticulous and innovative approach toward the holistic development of a child. On 18th December, Akshara created another landmark in its history by organizing Rhythm-2022- A musical harmony, to strengthen its deep-rooted focus on basic elements that need to be strengthened at every level of education. The event turned out to be an outstanding amalgamation of music, dance, and play. The programme started with the blessings of Hon. Chairperson Mam Jyoti Rathore, Director Sir Mr. Jayesh Rathore and respected Principal ma'am. Along with the students, parents have also been given the opportunity to perform and exhibit their talent. It was a treat for the audience to witness the stunning performances of the young Aksharites performing live presenting Classicals as well as the Contemporaries and the Rock; shaking their feet with the beats and enlightening people through the street play.

The event was adorned by the magnificent live performance of the special guest, the trendsetting Music Director from Bollywood Mr. Ehsaan Noorani.

Akshara is a family where the management, Principal, teachers, staff and the parent community all work in tandem to make something special and that is what is truly reflected in each child.







AKSHARAISE

"In this human world, the misery of the humans can only be lifted by the humans, who are courageous and conscientious enough to take real actions, instead of meekly hoping and praying for an illusory divine intervention."

At Akshara, we understand the importance of humanity and the true happiness associated with it. On 14th July, the visionary dream of the honorable chairperson ma'am and honorable director sir had years ago, seemed to be taking a shape when the students of Akshara had a noble thought of doing their bit of giving back to society. The thought gave birth to a student-led movement "Aksharaise" with a basic motto to help and make a difference. The awareness campaigns they conducted have restored faith in humanity. Aksharaise wanted to help people in need and make a difference in this generation by inculcating the feeling and joy of giving. On the auspicious day of Rhythm, the entire Akshara family celebrated the official launch of this beautiful step towards humanity, "Aksharaise".



MAXIMUM PEOPLE CHANTING SHANTI MANTRA FOR MENTAL HEALTH AND PHYSICAL WELL BEING

ASIA BOOK OF RECORDS

Shloka chanting is an ancient practice that has been part of Indian culture for centuries. Shloka chanting is not just a form of prayer, but it also has several physical and psychological benefits. The importance of physical and mental well-being amongst the aksharites brought together the management, staff, students, and parents and intoned the hymns together creating a mystic ambiance on the Akshara Sports Ground. The participants at the event were from different age groups and backgrounds. The event was conducted under the supervision of the officials from the Asia Book of World Records. After the event, the officials confirmed that a new record had been set for the maximum people chanting shanti mantra for mental health and physical well-being in Asia. Akshara set a new record in Asia and demonstrated the power of shloka chanting to promote inner peace, reduce stress, and foster a sense of unity and harmony.





