

Akshara International School, Wakad

Menu from 3rd January to 31st January 2020

Date	Breakfast	Veg	Dal	Rice	Chapati	Salad/Fruit/ Sweet	E-Snacks
3 January 2020	Upma	Mutter Masala	Dal Tadka	Steam Rice	Chapati	Kheer	Bhel & Milk
4 January 2020	Brunch						
6 January 2020	Pohe	Bhindi Masala	Dal Fry	Steam Rice	Chapati	Fruit	Batata Wada & Milk
7 January 2020	Thepla	Mix Sprouts Usal	Kadhi	Khichadi	Chapati	Salad	Steam Corn Bhel & Milk
8 January 2020	Idli Sambhar & Chutney	Dosa Bhaji	Dal Tadka	Steam Rice	Chapati	Salad	Cream Doughnut & Milk
9 January 2020	Sabudana Khichadi	Lauki Masala	Dal Adraki	Tomato Rice	Chapati	Salad	Samosa & Milk
10 January 2020	Daliya Upma	Bhaji	-	Tawa Pulao	Pav	Gulabjamun	S.P.D.P & Milk
13 January 2020	Sheera	Rajma Curry	-	Lemon Rice	Chapati	Fruit	Dabeli & Milk
14 January 2020	Mayo Sandwhich	Gobi Mutter	Tomato Saar	Masala Rice	Chapati	Salad	Bhel & Milk
15 January 2020	Makar Sankranti Holiday						
16 January 2020	Sabudana Khichadi	Channa Masala	Dal Tadka	Jeera Rice	Chapati	Salad	Masala Idli & Milk
17 January 2020	Cornflakes & Milk	Pasta	-		Garlic Bread	Fruit Custard	Veg Puff & Milk
18 January 2020	Brunch						
20 January 2020	Pohe	Bhindi Masala	Dal Adraki	Plain Rice	Chapati	Fruit	Dhokla & Milk
21 January 2020	Bread Jam	Channa Masala		Steam Rice	Chapati	Salad	Moong Pakoda & Milk
22 January 2020	Idli Sambhar & Chutney	Aloo Mutter	-	Masala Rice	Chapati	Salad	Steam Corn Bhel & Milk
23 January 2020	Sanja	Masoor Usal	Tomato Saar	Lemon Rice	Chapati	Salad	Samosa & Milk
24 January 2020	Daliya Upma	Paneer Masala	-	Biryani Rice	Chapati	Pinapple Sheera	Chutney Sandwhich & Milk
27 January 2020	Upma	Lauki Masala	Dal Fry	Jeera Rice	Chapati	Fruit	Batata Wada & Milk
28 January 2020	Cornflakes & Milk	Mix Sprouts Usal	Dal Palak	Steam Rice	Chapati	Salad	Moong Pakoda & Milk
29 January 2020	Meduwada Sambhar & Chutney	Gobi Aloo	Kadhi	Khichadi	Chapati	Salad	Mutter Karanji & Milk
30 January 2020	Sabudana Khichadi	Rajma Masala	-	Plain Rice	Chapati	Salad	Dabeli & Milk
31 January 2020	Thepla	Bhaji	-	Tava Pulao	Pav	Gulabjamun	Bhel & Milk

Note: Milk only for Pre-Primary children