

Akshara International School, Wakad

Menu from 2nd January to 31st January 2019

Date	Breakfast	Veg	Dal	Rice	Chapati	Salad/Fruit/Sweet	E-Snacks
2 January 2019	Meduwada Sambhar & Chutney	Aloo Mutter Rassa	Tomato Saar	Lemon Rice	Chapati	Fruit	Bhel & Milk
3 January 2019	Sabudana Khichadi	Channa Masala	-	Steam Rice	Chapati	Salad	Dhokla & Milk
4 January 2019	Daliya Upma	Bhaji	-	Veg Pulao	Pav	Gulabjamun	Kothimbir wadi & Milk
5 January 2019	Brunch						
7 January 2019	Pohe	Bhindi Masala	Dal Fry	Steam Rice	Chapati	Fruit	Batata Wada & Milk
8 January 2019	Methi Thepla	Mlx Sprouts Usal	Kadhi	Khichadi	Chapati	Salad	Steam Corn Bhel & Milk
9 January 2019	Idli Sambhar & Chutney	Dosa bhaji	Dal Tadka	Steam Rice	Chapati	Salad	Doughnut & Milk
10 January 2019	Upma	Lauki Masala	-	Tomato Rice	Chapati	Salad	Samosa & Milk
11 January 2019	Mayo Sandwhich	Paneer Lassuni	-	Birayni Rice	Chapati	Kheer	SPDP & Milk
14 January 2019	Sheera	Rajma Curry	-	Tomato Rice	Chapati	Fruit	Dabeli & Milk
15 January 2019	Makar Sankranthi Holiday						
16 January 2019	Meduwada Sambhar & Chutney	Gobi Masala	Tomato Saar	Masala Bhaat	Chapati	Salad	Bhel & Milk
17 January 2019	Sabudana Khichadi	Harbara Tomato Masala	Dal Fry	Jeera Rice	Chapati	Salad	Veg Cutlet & Milk
18 January 2019	Cornflakes With Milk	Bhaji	-	Tawa Pulao	Pav	Jalebi	Veg Puff & Milk
19 January 2019	Brunch						
21 January 2019	Pohe	Bhindi Masala	Dal adraki	Plain Rice	Chapati	Fruit	Dhokla & Milk
22 January 2019	Bread Jam	Chana Masala	-	Steam Rice	Chapati	Salad	Moong Pakoda & Milk
23 January 2019	Idli Sambhar & Chutney	Aloo Mutter Rassa	-	Masala Bhaat	Chapati	Salad	Chutney Sandwhich & Milk
24 January 2019	Sanja	Masoor Usal	Tomato Saar	Lemon Rice	Chapati	Salad	Samosa & Milk
25 January 2019	Thepla	Pasta	-	-	Garlic Bread	IceCream	Steam Corn Bhel & Milk
28 January 2019	Upma	Lauki Masala	Dal Fry	Jeera Rice	Chapati	Fruit	Batata Wada & Milk
29 January 2019	Cornflakes With Milk	Mlx Sprouts Usal	Dal Palak	Steam Rice	Chapati	Salad	Moong Pakoda & Milk
30 January 2019	Meduwada Sambhar & Chutney	Gobi Masala	-	Tomato Rice	Chapati	Salad	Mutter Karanji & Milk
31 January 2019	Sabudana Khichadi	Rajma Curry	Kadhi	Yellow Rice	Chapati	Salad	Masala Idli & Milk

Note: Milk only for Pre-Primary children